



## GROUP STARTED IN AUGUST FOREST INCLUSION HUB

### **Launch of a weekly Social Activity Hub**

Inclusion Gloucestershire have launched an Inclusion Hub in the community room at the Sixteen Café, 16 Bank Street, Coleford GL16 8BA on the 17<sup>th</sup> July 2017.

This will be a weekly group for people with disabilities, learning disabilities and people with experiences of mental health.

The Forest Inclusion Hub will be held every Monday 11.00am to 3.00pm. The group will not run on Bank Holidays.

The Inclusion Hub will be user-led which means people attending will be encouraged to say how they want their group to run and what activities they want to do.

We are working in partnership with Heritage Care and the Sixteen Café which means we aim to develop exciting opportunities in the community that everyone can get involved with.



### Forest User-Led Social Activity Group

---

Come and meet with us and tell us what activities you would like to do

---

Make new friends, try new activities, an opportunity to develop new skills

---

Inclusion Gloucestershire are working in partnership with Heritage Care and the Sixteen Cafe

---

We look forward to hearing your ideas

### INCLUSION GLOUCESTERSHIRE

The Manor House  
162 Barnwood Road  
Gloucester GL4 3JX

Contact: Janet Hawkins

[janeth@inclusion-glos.org](mailto:janeth@inclusion-glos.org)

Mobile: 07531 588333