

go to early evening activities

Have an opportunity to use your skills and run a workshop of your choice with our support



Inclusion hub—Forest Of Dean Activity Room Sixteen Community Cafe 16 Bank St, Coleford GL16 8BA

Mon Tue Wed Thu Fri Sat Su

OPEN Monday

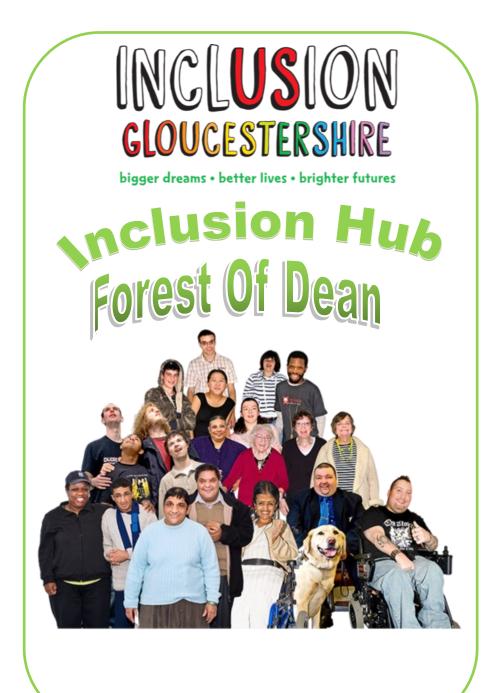
11.00 to 3.00

Monday





Louise Silver 07809 240565 Office : 01452 623120



User Led Safe Space



The Inclusion Hub — Forest of Dean is your safe space.



You can choose how the hub runs. You can choose what activities you want to do



Every one is welcome, It does not matter what your disability is.



You can bring your support if you need support to come to social activities in the community.



Socialise

At the hub you can



- Build confidence
- Make new friends



Get emotional support



Take part in courses



• Take part in workshiops