

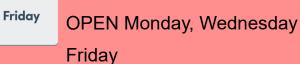
Have an opportunity to use your skills and run a workshop of your choice with our support



Tue Wed Thu Fri Sat S

Inclusion hub—Gloucester Friends Meeting House, Greyfriars, Gloucester





11.00 to 3.00





Contact Louise 07809 240561 Office : 01452 234003



www.inclusion-glos.org



User Led Safe Space



The Inclusion Hub — Gloucester is your safe space.



You can choose how the hub runs. You can choose what activites you want to do



Every one is welcome, It does not matter what your disability is.



You can bring your support if you need support to come to social activities in the community.



Socialise



Build confidence



Make new friends



Get emotional support



- Take part in courses
- Take part in workshops



go to early evening activities

At the hub you can