

## go to early evening activities

Have an opportunity to use your skills and run a workshop of your choice with our support



Mon Tue Wed Thu Fri Sat Su

Friday

Inclusion hub—Stonehouse Stonehouse Community Centre, Laburnum Walk, Stonehouse, GL10 2NS OPEN Friday



11.00 to 3.00



Louise Silver 07809 240565 or Office:01452 623120



## **User Led Safe Space**



The Inclusion Hub — Stroud is your safe space.



You can choose how the hub runs. You can choose what activities you want to do



Every one is welcome, It does not matter what your disability is.



You can bring your support if you need support to come to social activities in the community.



Starting from Friday 8th June 2018



- At the hub you can
  - Socialise



Build confidence



Make new friends

Get emotional support



Take part in courses



• Take part in workshiops