



BIGGER DREAMS ▶ BETTER LIVES ▶ BRIGHTER FUTURES

# **NEED SUPPORT?**

Speak to us about our Advocacy Services



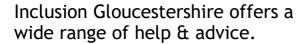
Have your voice heard

## What is Advocacy?

Advocacy is about supporting you to have your voice heard about things that are important to you.

There are different types of advocacy. We offer **non-statutory advocacy**, for situations where there is no other legal entitlement for you to be able to have an Advocate to support you.

### How we support





The advocacy team can:

- Support you to raise and address disability related issues that you may be facing
- Work with you to create up to 3 goals at a time and support you towards achieving these.



If you need **specialist or legal support** that we cannot offer, we will find out who can help, and support you to access other appropriate services.

### What we do

#### The role of an advocate is to:

- Listen to what you want, and help you explain your needs to others
- Explain your options, NOT decide for you
- Help you make choices, NOT choose for you
- Be on your side, NOT judge your choices

An advocate does <u>NOT</u> provide counselling, legal advice or medical guidance.

#### We offer this support in different ways:

- One to One advocacy
   We will listen to what you want and support you in trying to achieve it
- Speak Up Groups

We bring groups together to share their experiences and speak out about what is important to them

 Support with onward referrals, including to some of our other relevant projects







## How to get in touch:

We are a small part-time team of staff and volunteers, with lived experience of disability.

Our usual working hours are:

Monday & Wednesday 9am - 5pm

Friday 9am - 12 noon

Call us: 01452 234003

• Email us: advocacy@inclusion-glos.org

Fill in our referral form on line at:

- www.inclusion-glos.org
- Or scan the QR code :



#### Meet the team:



Faye Advocacy Coordinator



Andrea
Peer mentor
Advocate



Dave
Peer mentor
Advocate