

# INCLUSION GLOUCESTERSHIRE

BIGGER DREAMS ► BETTER LIVES ► BRIGHTER FUTURES

 [inclusion-glos.org](http://inclusion-glos.org)

## NEED SUPPORT?

Speak to us about our  
Advocacy Services



**Have your voice heard**

Registered Charity Number 1171559

# What is Advocacy?

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Advocacy is about supporting you to have your voice heard about things that are important to you.



There are different types of advocacy. We offer **non-statutory advocacy**, for situations where there is no other legal entitlement for you to be able to have an Advocate to support you.

## How we support

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Inclusion Gloucestershire offers a wide range of help & advice.



The advocacy team can:

- Support you to raise and address disability related issues that you may be facing
- Work with you to create up to 3 goals at a time and support you towards achieving these.



If you need **specialist or legal support** that we cannot offer, we will find out who can help, and support you to access other appropriate services.

# What we do

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The role of an advocate is to:

- Listen to what you want, and help you explain your needs to others
- Explain your options, NOT decide for you
- Help you make choices, NOT choose for you
- Be on your side, NOT judge your choices

An advocate does **NOT** provide counselling, legal advice or medical guidance.

We offer this support in different ways:

- **One to One advocacy**

We will listen to what you want and support you in trying to achieve it



- **Speak Up Groups**

We bring groups together to share their experiences and speak out about what is important to them



- **Support with onward referrals,** including to some of our other relevant projects



# How to get in touch :

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We are a small part-time team of staff and volunteers, with lived experience of disability.

Our usual working hours are :

Monday & Wednesday 9am — 5pm

Friday 9am — 12 noon

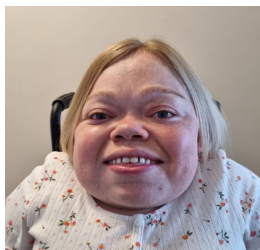
- Call us: **01452 234003**
- Email us: **advocacy@inclusion-glos.org**

Fill in our referral form on line at:

- **www.inclusion-glos.org**
- Or scan the QR code:



**Meet the team :**



**Faye**  
**Advocacy  
Coordinator**



**Andrea**  
**Peer Mentor  
Advocate**