

INCLUSION GLOUCESTERSHIRE

 inclusion-glos.org

BIGGER DREAMS ► BETTER LIVES ► BRIGHTER FUTURES

NEED SUPPORT?

Speak to us about our
Advocacy Services



Have your voice heard

Registered Charity Number 1171559

What is Advocacy?

- Advocacy is about having your voice heard.
- Making sure your rights are respected
- Telling other about your interests
- Working together and being on your side
- Helping you access the things in your life that you need and want.



How we support

- We work with people who face disabling barriers
- We support you with issues you are facing
- We work with up to 3 issues at a time
- We help you create goals to work towards solving these issues



We work throughout Gloucestershire, on the phone, on video call and in our office.

Sometimes we can see you in your area.

What we do

We work with people to grow their skills to self advocate and to speak up for themselves.



We do this by:

- Running Speak Up groups. Groups to help you speak out about what is important to you.
- One-to-one sessions. We will listen to what you want and support you to find a way to do it
- Support from Volunteer Mentors
- Helping you to find information and understand it
- Helping you to speak out when your voice is not being heard by others
- We provide non-legal advocacy. If you need specialist advocacy we will signpost you to an organisation that can support you.



How to get involved

Our service is open on:

Tuesday, Wednesday and Friday.

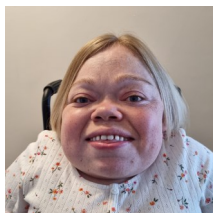
Get in touch:

- Fill in our referral form (available on our website). We can do this with you.
- Call us: 01452 234003
- Email us: advocacy@inclusion-glos.org

Meet our team: Expert by Experience Peer Mentor
Andrea and **Faye** our Coordinator



Andrea



Faye

We are also supported with a team of volunteer mentors who support our groups and work 1-1 with people

For more information, contact

Office 01452 234003 **Faye** 07525 848514

Email advocacy@inclusion-glos.org



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