









## Going the Extra Mile

Employment, training and education support



### What is GEM?

GEM is for people who are not currently in work or education.

We have other offers that may be of interest if this does not apply.



- Do you face disabling barriers like a longterm health condition, disability or perhaps a history of mental ill health?
- Are you thinking about taking steps towards education, training or work?
- The GEM programme can provide one-to-one support to help you move towards your goal.





## How we can help:

Confidence Building sessions



 CV writing, cover letters and references

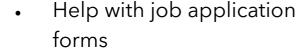


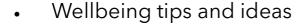
Mock interviews

- Online activities
- Advice on training courses and qualifications



- Job searching tips
- Help to access information









# How to get involved

- Contact us and we will check your details to see if the GEM programme is right for you.
- If GEM is right for you, Amanda our Navigator Developer will support you.
- We work with you to help explore what outcome you would like to work towards and how we can help you get there.
- If GEM is not right for you, we will tell you about other offers that might suit you.

#### **Meet our Navigator Developer:**



Amanda

#### Get in touch:

- Email: amandae@inclusion-glos.org
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