



INCLUSION GLOUCESTERSHIRE

BIGGER DREAMS ► BETTER LIVES ► BRIGHTER FUTURES



inclusion-glos.org

Going the Extra Mile

Employment, training and education support



Registered Charity Number 1171559

What is GEM?

GEM is for people who are not currently in work or education.

We have other offers that may be of interest if this does not apply.



- Do you face disabling barriers like a long-term health condition, disability or perhaps a history of mental ill health?
- Are you thinking about taking steps towards education, training or work?
- The GEM programme can provide one-to-one support to help you move towards your goal.



How we can help:

- Confidence Building sessions
- CV writing, cover letters and references
- Mock interviews
- Online activities
- Advice on training courses and qualifications
- Job searching tips
- Help to access information
- Help with job application forms
- Wellbeing tips and ideas



How to get involved

- Contact us and we will check your details to see if the GEM programme is right for you.
 - If GEM is right for you, Amanda our Navigator Developer will support you.
 - We work with you to help explore what outcome you would like to work towards and how we can help you get there.
 - If GEM is not right for you, we will tell you about other offers that might suit you.
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Meet our Navigator Developer:



Amanda

Get in touch:

- **Email: amandae@inclusion-glos.org**
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 - **Office: 01452 234003**
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