

INCLUSION GLOUCESTERSHIRE

BIGGER DREAMS ► BETTER LIVES ► BRIGHTER FUTURES



inclusion-glos.org

JOIN US

At our Gloucestershire INCLUSION HUBS



User-Led Safe Spaces

Registered Charity Number 1171559

User Led Safe Spaces:

The Inclusion Hubs
are your safe space.



- You can choose how the hub runs.
- You can choose what activities you want to do.
- Everyone is welcome.
- All people facing disabling barriers are included.

You can bring someone if you need support to come to social activities in the community.

IN PARTNERSHIP WITH

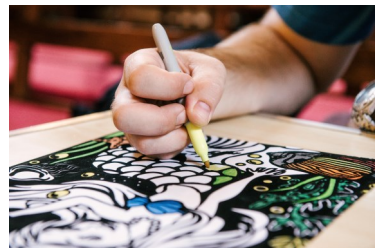


Cheltenham Borough Homes
great homes | stronger communities | inspired people



At the Hubs you can:

- Socialise
- Build confidence
- Make new friends
- Get wellbeing tips and ideas
- Take part in courses
- Take part in workshops
- Use your skills and run a workshop of your choice with our support



LOCATIONS inclusion-glos.org

Gloucester

**Friends Meeting House
Greyfriars, Gloucester**

**OPEN 11:00am to 2:00pm on
Monday & Wednesday**



11:00

11.00am



2:00

2:00pm

Forest

**Salvation Army, 43 North
Road, Broadwell GL16 7BX**

**OPEN 10:30am to 12:30pm
on Wednesday**



10:30

10:30am



12:30

12:30pm

Cheltenham

**Oasis Centre, Cassin Drive,
Cheltenham GL51 7SY**

**OPEN 1:00pm to 3:00pm
on Thursday**



1:00

1:00pm



3:00

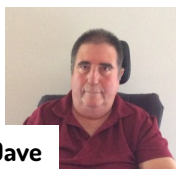
3:00pm

Meet our team:

Expert by Experience Workers **Tim, Dave, Tammy, Shaun and Gemma,**
and Project Workers **Clare and Nirvana.**



Tim



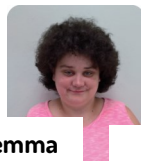
Dave



Tammy



Shaun



Gemma

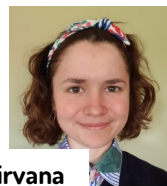


Clare

For more information, contact

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Email info@inclusion-glos.org.uk



Nirvana