

INCLUSION GLOUCESTERSHIRE

BIGGER DREAMS ► BETTER LIVES ► BRIGHTER FUTURES

 inclusion-glos.org

JOIN US

At our Gloucestershire
INCLUSION HUBS



User-Led Safe Spaces

Registered Charity Number 1171559

User Led Safe Spaces:

The Inclusion Hubs
are your safe space.



- You can choose how the hub runs.
- You can choose what activities you want to do.
- Everyone is welcome.
- All disabilities are included.

You can bring support if you need support to come to social activities in the community.



IN PARTNERSHIP WITH



At the Hubs you can:

- Socialise



- Build confidence



- Make new friends



- Get emotional support



- Take part in courses



- Take part in workshops



- Go to early evening activities



- Have an opportunity to use your skills and run a workshop of your choice with our support



LOCATIONS



Gloucester

**Friends Meeting House
Greyfriars, Gloucester**

**OPEN 11:00am to 1:00pm on
Monday & Wednesday**



11:00am



1:00pm



Forest

**Salvation Army, 43 North
Road, Broadwell GL16 7BX**

**OPEN 10:30am to 12:30pm
Fortnightly on a Wednesday**



10:30am



12:30pm



Cheltenham

**Oasis Centre, Cassin Drive,
Cheltenham GL51 7SY**

**OPEN 1:00pm to 3:30pm
on Wednesday**



1:30pm



3:30pm

Meet our team:

Expert by experience workers **Tim, Tammy, Shaun** and **Gemma**,
and project workers **Clare** and **Nirvana**. Coordinator **Christine**.



Tim



Tammy



Shaun



Gemma



Clare

For more information, contact

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Christine



Nirvana