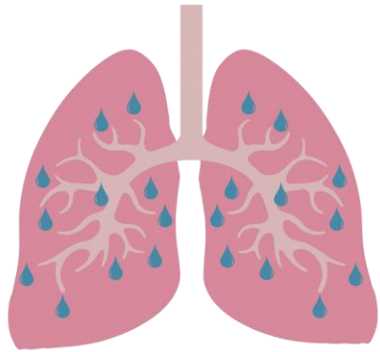




# Pneumonia and Aspiration Pneumonia

An Easy Read Presentation

# What is Pneumonia?

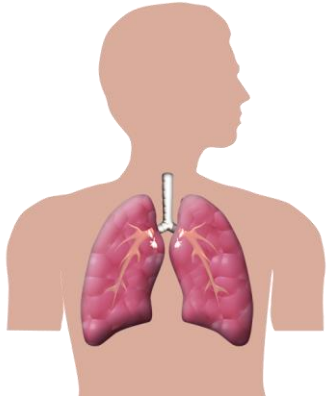


An infection in one or both lungs caused by bacteria, viruses or fungi.



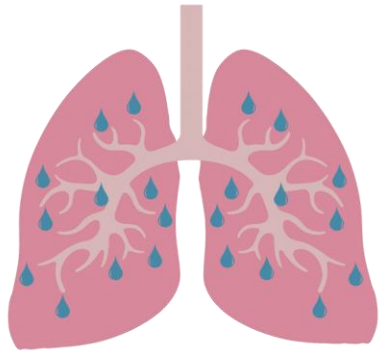
The air sacs in your lungs fill with fluid or pus to make it difficult to breathe.

# What is Aspiration?



When food or drink goes into your lung and not your stomach.

# Aspiration Pneumonia



Food or drink going into your lung can cause an infection called Aspiration Pneumonia.



This is a cause of death for many people with a Learning Disability. Sometimes this can be avoided.

# What are the signs of Aspiration?



You may cough when eating or drinking.

Or...



There could be no signs that food or drink has gone into the lung.

# More Signs/ Symptoms of Aspiration



Difficulty breathing

Gurgly Voice at Mealtimes



Eyes watering at Mealtimes



Raised temperature or change in skin colour.

Pain / Discomfort

# Long term signs of Aspiration



Weight loss

Lots of chest infections

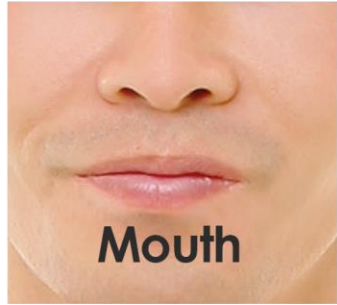


Refusing food or not enjoying it as much



Dehydration or malnutrition (the effects of not having enough to eat or drink)

# Things that put you at risk of Pneumonia or Aspiration Pneumonia



Difficulty swallowing

Poor mouth health

Stomach Contents coming back  
into the mouth



Having a low weight or a weak  
cough.



# More things that put you at risk of Pneumonia or Aspiration Pneumonia

Difference (deformity) in your  
chest wall



Not being able to move around or  
constipation

Epilepsy

# Getting Help



If you have a lot of chest infections or difficulty swallowing ask to see a Speech and Language Therapist.

You can also contact the Community Learning Disability Team (CLDT) – see next slide for contact details.

# Local CLDT Contact Details

CLDT Team	Telephone Number	Email Contact
North CLDT	01242 634300	<a href="mailto:peter.day@ghc.nhs.uk">peter.day@ghc.nhs.uk</a> Team Manager
Forest of Dean CLDT	01594 593050	<a href="mailto:Cldtforest@ghc.nhs.uk">Cldtforest@ghc.nhs.uk</a>
Stroud CLDT	01453 563103	<a href="mailto:ben.vacara@ghc.nhs.uk">ben.vacara@ghc.nhs.uk</a> Team Manager <a href="mailto:helen.dixon@ghc.nhs.uk">helen.dixon@ghc.nhs.uk</a> Team Administrator
Gloucester CLDT	01452 895050	<a href="mailto:denise.evans@ghc.nhs.uk">denise.evans@ghc.nhs.uk</a> Team Manager

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Health and Social Care colleagues.**