





## Partnership Board: Learning Disability 12<sup>th</sup> of August 2021 – Notes of our meeting

## Who was there:



Clare Hopkins – Inclusion Glos	Tim Heaven – Co-chair of the LDPB
Emily Luckham – Inclusion Glos	Jan Marriott – Co-chair of the LDPB
Kayleigh Connors – Inclusion Glos	Jay Dog – Stay up Late
Deborah Livingstone – Transforming care NHS	Malcolm Hill – Gig Buddies
Jo Suthurst – Building Circles	Alice Evans – Active Gloucestershire
Alina Albrecht – Gig buddies	Janet Hawkins – Camphill Village Trust
Kate Allez – CLDT	Pam Evans – Treasure Seekers
Andrew Mackay – Victim Support	Charlotte James – Leonard Cheshire
Alex Jones – University of Gloucestershire	Lucia K–W - PBS (GCC)
Judith – OT and Parent carer	Jess Breedon – GCC
Lisa Carr - CCG	Denise Pittaway – Carer's hub
Dean Fletcher – Langley House Trust	Jennie Goodrum– Active impact
Vincent Chomboa – Expert by Experience	Rebecca Clark – CLDT
Jan Burn – Treasure seekers	Ree Jeffries – University of Glos
Nasrin Atcha – Patel – Forwards	Cheryl Hampson - GCC
Simon Shorrick – NHS England	Marianne Bubb – Mghee – GHC
Megan Paul – You're Welcome	Nicole Hastie – Active Impact
Pete Harper – Camphill Village Trust	Hannah Norman – GCC
Hannah Gorf – GCC	Suzie Lane - GCC



Tim Heaven shared the house rules for the Partnership Board with everyone.



Malcolm Hill and Jay-Dog spoke to us from Gig buddies. Jay-Dog told us at Gig buddies they match a volunteer with a disabled person. They do sports buddies and sports activities. They campaign all over England and are now global. They run socials every month where people can meet.

Jan Marriott asked who would be interested in having a Gig Buddies in Gloucestershire.

Camphill Village Trust, Building Circles, Treasure Seekers and Inclusion Gloucestershire said they would be interested.



Here is a link to a video to tell more of a story about Gig buddies.

This is a film you need to pay to rent.

https://vimeo.com/ondemand/heavyload



We watched a video that Clare and Hayden filmed at the Butterfly Garden.

INCLUSION GLOUCESTERSHIRE

Here is the link for the video - <a href="https://youtu.be/tVT133Die-4">https://youtu.be/tVT133Die-4</a>



We split up into groups to talk about what we can do to make friendships easier for people. Here are some things people said:



Social media can help people to find out about organisations that help with friendships.



Confidence building can really help make friendships easier for people.



There need to be enough safe spaces for friends to meet

"We have over 120 organisations in Gloucestershire. Let's work together to network and make reasonable adjustments."



Problems with transport can make it harder for people.



People want help to meet other people who like the same things.



When people live in residential homes, staffing can make it difficult to make friends.

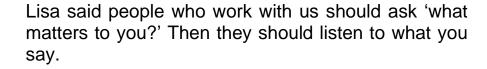


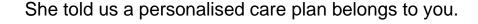


Gloucester and Cheltenham have more to offer than some other areas.



Lisa Carr spoke to us about One Gloucestershire's Personalised Care Programme.





Different people who work with you can see the plan.

She said the personalised care plan will help people to be more in control of what happens to them.

The programme is not in all of Gloucestershire yet, but they are trying it in some areas.





Hannah Gorf and Suzie Lane spoke to us today about Social Prescribing and Creative Health.

They work for teams who help people before they become sick, and they want to support people to stay healthy.

You can be referred to a social prescriber if you are having a tough time, or a change in your life or are struggling with debt and finance.



A link worker will help you and tell you what services are going on and help you connect with others.



They might help find you a group or even set up a new group.

They don't support you in the same way as a support worker, and they can't stay with you forever.



You must be over 16, live in Gloucester or have a GP in Gloucestershire.

You can be referred by your GP or you can refer yourself.



Here are some contact numbers to refer to this service:

0300 131 0024 - Gloucester

0300 365 6463 - Cheltenham and Tewkesbury

01594 812 447 - Forest of Dean



Ree Jeffries and Alex told us about some research they have been doing and they would like to invite you to complete a survey.



Please see the attached letter with the minutes.

December 7

Next Meeting: Tuesday, 7<sup>th</sup> of December 2021 at 10.30am