

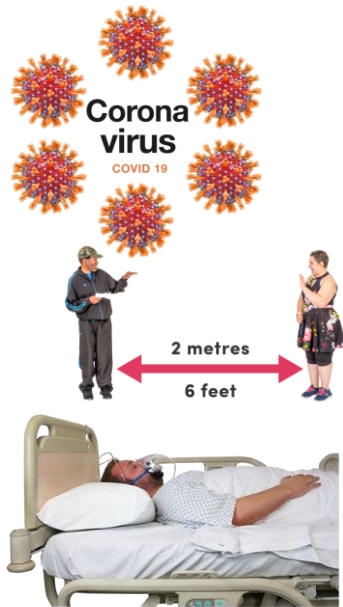
Information for you about when someone close to you dies



If you would like this information in a different way like Braille or large print or another language, please ring **0800 015 1548.**



If someone has died



Some people have died because of Coronavirus (COVID-19).

Because we have to stay home and stay apart from other people it might make things more difficult if someone you care about dies.

Even if they have not died because of the Coronavirus (COVID-19), you might not be able to be with them before they die.



Here is some information about what needs to happen when someone dies.

There is also some information about where to get support if you need it.

When someone dies, the law says the person in their family who is arranging the funeral has to register their death.



A doctor will write something called a death certificate. They will email it to the Register Office.

What you have to do to register that someone has died.

You will need to make an appointment by phone or on the website to register that someone has died.

Phone 01452 425060 Monday - Friday 8.30am - 4.30pm

Website <https://www.gloucestershire.gov.uk/births-marriages-deaths-and-civil-partnerships/>



What about the funeral?

Funerals are different because of Coronavirus (COVID-19).



You might have to wait longer to have a funeral.

The service will be shorter.



Only a few people might be able to go to the funeral.

The person who will work with you to arrange the funeral is called a Funeral Director, they will be able to tell you what will happen.

You can find out more...

National Association of Funeral Directors

www.nafd.org.uk/funeral-advice/

National Bereavement Alliance

www.nationalbereavementalliance.org.uk/covid-19/

Support.

When someone dies people might feel:

shocked

upset

angry

frightened.



**Everyone is
different**

How to help yourself



Speak to other people about how you feel, you can do this on the phone, by video call, email or other social media.

However you feel is OK.



Try and do the things the same way you usually do, like the time you have your dinner or go to bed.



Don't spend lots of time looking at the news or social media, it might make you feel worse.

How to help other people.



Children might need you to check they are OK

Keep in touch with people. You could offer to help with things like shopping or cooking.

You might be able to help them stay in touch with other people by helping with things like WhatsApp or video calls.

You could send a card or an email to let them know you are thinking about them.

Ask your friend how they are doing and listen carefully.





Where can you get help?

Sometimes people need more help when someone close to them dies.

Here are some links to advice and information.

Every Name is a person www.onegloucestershire.net/enap



Cruse:

www.cruse.org.uk/get-help/coronavirus-dealing-bereavementand-grief

or contact 01242 252518 between 10am-12.30pm
or 0808 808 1677



Winston's Wish: www.winstonswish.org/coronavirus

Helpline: 08088 020 021

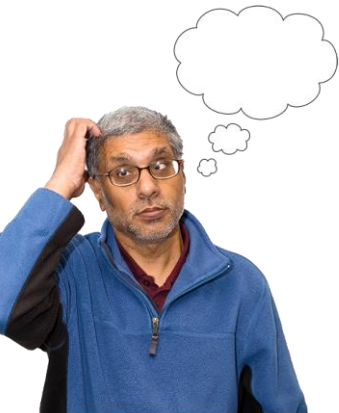


The National Bereavement service:

www.nationalbereavementalliance.org.uk

For questions/concerns of a religious or spiritual nature please contact your local faith representative/healthcare chaplain or contact,

GH NHS Trust Chaplains
0300 422 4286/6200



For further advice please contact:

Patient Advice and Liaison Service,
Gloucestershire Clinical Commissioning Group,
FREEPOST RRYY-KSGT-AGBR,
Sanger House,
5220 Valiant Court,
Gloucester Business Park,
GL3 4FE

Telephone: 01452 566698

Email: glccg.pals@nhs.net