

# Inclusion Hub Forest of Dean



## Timetable

March and April 2026

# Hub Timetable

Date	Time	Activity	Information
Wednesday 4th March	 <p>10:00 12:30</p>	<i>The Main Place</i> 	Come along and join us for our fifth Session of a singing Course with Lisa from ArtShape!
Wednesday 11th March	 <p>10:00 12:30</p>	<i>The Main Place</i> 	Come along and join us for our sixth Session of a singing Course with Lisa from ArtShape!
Wednesday 18th March	 <p>10:00 12:30</p>	<i>The Main Place</i> 	Come along and join us for our seventh Session of a singing Course with Lisa from ArtShape!
Wednesday 25th March	 <p>10:00 12:30</p>	<i>The Main Place</i> 	Come along and join us for our final Session of a singing Course with Lisa from ArtShape!

# Hub Timetable

Date	Time	Activity	Information
<p>Wednesday 1st April</p>		<p><i>Dean Forest Railway, Norchard Station, Forest Road, GL15 4ET</i></p> 	<p>Come and join us for a scenic Steam Train ride through the forest!</p> <p>Please arrive at 10:30am</p>
<p>Wednesday 8th April</p>		<p><i>The Main Place</i></p> 	<p>Come along and join us for an arts and crafts session where you will be painting your own Bee Coaster!</p>
<p>Wednesday 15th April</p>		<p><i>The Main Place</i></p> 	<p>Come along and join us for a Karaoke session where you can sing along to your favourite songs!</p>
<p>Wednesday 22nd April</p>		<p><i>The Main Place</i></p> 	<p>Come along and join us for a Diabetes awareness and healthy eating session delivered by the NHS team!</p>

# Hub Timetable

Date	Time	Activity	Information
Wednesday 29th April	 <p>10:00 12:30</p>	<i>The Main Place</i> 	Come along and join us for an arts and crafts session where you will be painting your own Flower Vase!

## How to get involved

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- Our hubs are free to join.
- There's no need to book, just turn up and join in.
- If you would like more information, contact us

## Where we are

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The Main Place  
Old Station Way  
Coleford  
GL16 8RH

## Contact us

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Hub Coordinator  
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