

Inclusion Hub Forest of Dean



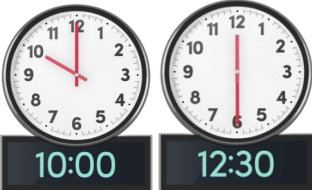


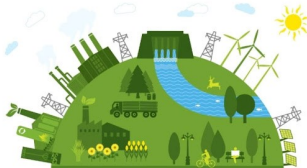






Timetable

May and June 2026

Hub Timetable

Date	Time	Activity	Information
Wednesday 6th May			
Wednesday 13th May		<i>The Main Place</i> 	Come along and join us for our first session to discover the benefits of our one pot cooking class!
Wednesday 20th May		<i>The Main Place</i> 	Come along and join us for our second session to discover the benefits of our one pot cooking class!
Wednesday 27th May		<i>The Main Place</i> 	Come along and join us for our final session to discover the benefits of our one pot cooking class!

Hub Timetable

Date	Time	Activity	Information
<p>Wednesday 3rd June</p>		<p><i>The Main Place</i></p> 	<p>Come and join us for a talk from the NHS strong and steady team on tips on how to improve balance and strength!</p>
<p>Wednesday 10th June</p>		<p><i>The Main Place</i></p> 	<p>Come along and join us for an interactive green skills session to get an understanding of your carbon footprint!</p>
<p>Wednesday 17th June</p>			
<p>Wednesday 24th June</p>			

How to get involved

- Our hubs are free to join.
- There's no need to book, just turn up and join in.
- If you would like more information, contact us

Where we are

The Main Place
Old Station Way
Coleford
GL16 8RH

Contact us

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Hub Coordinator
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