









Inclusion Hub Gloucester










Timetable

July


Hub Timetable

Date	Time	Activity	Information
Wednesday 1st			Collage Making— Making a collage of how we would like to keep our group a safe space
Monday 6th			Health checks— Health nurse coming to do health checks
Wednesday 8th			Continuing our collage Making
Monday 13th			Plant pot painting and planting First of two sessions painting our own plant pots and planting seeds

Hub Timetable

Date	Time	Activity	Information
Wednesday 15th			<p>Plant pot painting and planting</p> <p>Second of two sessions painting our own plant pots and planting seeds</p>
Monday 20th			<p>We will be having a relaxed session. You can bring your own project, do some colouring, or just chat with your friends.</p>
Wednesday 22nd			<p>Diabetes team</p> <p>Visit from Diabetes team to talk about diabetes and healthy habits</p>
Monday 27th			Closed

Hub Timetable

Date	Time	Activity	Information
Wednesday 29th	 11:00 2:00		Closed

How to get involved

- Our hubs are free to join.
- There's no need to book, just turn up and join in.
- If you would like more information, contact us

Where we are

Friends Meeting
House
Greyfriars
Gloucester
GL1 1UA

Contact us

Bee

Hub Manager

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Barker

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