

# Inclusion Hub Gloucester



## Timetable

October

# Hub Timetable

| Date              | Time                                                                                                                | Activity                                                                             | Information                                                                                                                                            |
|-------------------|---------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|
| Monday<br>5th     | <br>Gloucester<br>Inclusion Office |    | Relaxed session, come and bring your own activity or chat with your friends.                                                                           |
| Wednesday<br>7th  | <br>Friends Meeting<br>House      |   | Making decorations for our Halloween party.<br>Come and make your own pumpkins, bats or other Halloween decorations!                                   |
| Monday<br>12th    | <br>Gloucester<br>Museum - Event |  | Offsite activity 11-2pm<br>Take part in the Learning Disability Partnership Board Meeting.<br>Have your say!<br>Meet outside Gloucester Museum at 11am |
| Wednesday<br>14th | <br>Friends Meeting<br>House     |  | John our health screening nurse is coming back to chat about cervical screenings, diabetes eye screenings and what to expect                           |

# Hub Timetable

| Date              | Time                                                                                                                  | Activity                                                                             | Information                                                                                                                            |
|-------------------|-----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| Monday<br>19th    | <br>Gloucester<br>Inclusion Office   |    | Continuing making<br>Halloween style<br>decorations.<br>Come and make your<br>own pumpkins, bats or<br>other Halloween<br>decorations! |
| Wednesday<br>21st | <br>Friends Meeting<br>House        |   | Millie our<br>project worker<br>is running a<br>session!                                                                               |
| Monday<br>26th    | <br>Gloucester<br>Inclusion Office |  | Come and join us<br>for an art session<br>with Gemma our<br>project worker!                                                            |
| Wednesday<br>28th | <br>Friends Meeting<br>House       |  | Halloween Party!<br>Come and join in<br>with dressing up,<br>snacks and party<br>games! Dressing up<br>optional                        |

## How to get involved

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- . Our hubs are free to join.
- . There's no need to book, just turn up and join in.
- . If you would like more information, contact us

## Where we are

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Friends Meeting House  
Greyfriars  
Gloucester  
GL1 1UA

Inclusion Gloucestershire Office  
Railway House  
Bruton Way  
Gloucester  
GL1 1DG

## Contact us

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