

# INCLUSION GLOUCESTERSHIRE

BIGGER DREAMS ► BETTER LIVES ► BRIGHTER FUTURES

 [inclusion-glos.org](https://inclusion-glos.org)

## JOIN US at our Gloucestershire INCLUSION HUBS



**- User Led Safe Spaces**

# User Led Safe Spaces:

The Inclusion Hubs  
are your safe space.



- You can choose how the hub runs.
- You can choose what activities you want to do.
- Everyone is welcome.
- All disabilities are included.

You can bring your support if you need support to come to social activities in the community.



IN PARTNERSHIP WITH



Cheltenham Borough Homes  
Putting our customers at the heart of what we do

+



GreenSquare

# At the Hubs you can:

---

- Socialise
- Build confidence
- Make new friends
- Get emotional support
- Take part in courses
- Take part in workshops
- Go to early evening activities
- Have an opportunity to use your skills and run a workshop of your choice with our support



# LOCATIONS

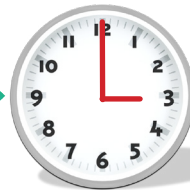
## Gloucester

Friends Meeting House,  
Greyfriars, Gloucester

**OPEN 11.00am to 3.00pm on  
Monday, Wednesday & Friday**



**11.00am**



**3.00pm**

## Forest

Salvation Army, 43 North Road,  
Broadwell, GL16 7BX

**OPEN 10.00am to 2.00pm  
on Friday**



**10.00am**



**2.00pm**

## Cheltenham

Oasis Centre, Cassin Drive,  
Cheltenham, GL51 7SY

**OPEN 1.00pm to 3.30pm  
on Wednesday**



**1.00pm**



**3.30pm**

## Meet our team:

*Expert by experience workers* **Tim, Tammy, Shaun and Gemma,**  
and project workers **Edward and Louise**



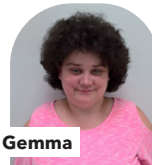
**Tim**



**Tammy**



**Shaun**



**Gemma**

**For more information, contact Louise or Ed:**

**Mobile**  07809 240561 | **Office**  01452 234003

 [inclusion-glos.org](https://inclusion-glos.org)



**Louise**



**Edward**