

Inclusion Gloucestershire want to hear from you

# INCLUSION GLOUCESTERSHIRE

BIGGER DREAMS ► BETTER LIVES ► BRIGHTER FUTURES



We are writing a big plan to help us with our work for the next 3 years.

We want to know what is important to you or worrying you so we can think about this when we write our plan.

We are asking a lot of different people what they think.

We will write a report about what you tell us and put it on our website and social media.

We will not put your private information in our report. We will keep all your information safe.



**Our survey has 4 parts.**

**Section one** asks about your life and the support you have.

**Section two** has questions about you. Please fill out this section.

**Section three** has more questions about the different things we have asked you about. You don't have to answer these questions, but it will help us if you can.

**Section four** is about how we can get in touch; you don't have to tell us if you don't want to but if you do we can stay in contact with you.

**Questions**

1. What do you think about it?

Good

Bad

Not sure



If you don't have lived experience of disability or a mental health condition, please answer the questions about people you know who do.

If you feel you need help or information about the things in our survey you can get in touch, and we will try and help.

If you would like the survey in a different language.

If you would like help to fill in the survey.

**You can e-mail or call Dawn.**

dawnc@inclusion-glos.org      07525 847382

or e-mail,

info@inclusion-glos.org



We want to check that you are happy to fill in our survey.

- Yes, I want to fill in the survey.
- No I do not want to fill in the survey.

We want to know if you are helping someone else fill in the survey.

- Yes, I am filling in the survey for someone else.
- No I am filling in the survey for myself.



**Our survey will finish on  
Tuesday 20 July 2021**



















You

## Section 2 These are questions about you.

We would like everyone to fill in these questions so we can find out what is worrying different people.

Please tick or colour the circle that best describes you.

- Male
- Female
- Not male or female, this is called non-binary
- Both male and female, this is called intersex
- Not saying
- Something else



Are you trans/transgender? This means you are a different gender than the one you were when you were born.

- Yes
- No
- Not saying
- Something else



Who do you prefer to have a sexual relationship with? This is called sexual orientation.

- People of the opposite sex to you
- People of the same sex as you
- People of the same sex and different sex to you
- Not saying
- Something else



How old are you?

Under 18

- |                                  |                               |
|----------------------------------|-------------------------------|
| <input type="radio"/> 18-24      | <input type="radio"/> 44-54   |
| <input type="radio"/> 25-34      | <input type="radio"/> 55-64   |
| <input type="radio"/> 35-44      | <input type="radio"/> 65-74   |
| <input type="radio"/> Not saying | <input type="radio"/> Over 75 |





Is English your first language?

- Yes
- No
- Not saying
- Something else

Please tell us which in this list best describes you.

- Not saying
- Arab
- Arab British
- Asian or Asian British - Indian
- Asian or Asian British - Pakistani
- Asian or Asian British - Bangladeshi
- Asian or Asian British - Chinese
- Asian or Asian British - Any other Asian background
- Black or Black British - Caribbean
- Black or Black British - African
- Black or Black British -Any other Black background
- Mixed - White and Black Caribbean
- Mixed - White and Black African
- Mixed - White and Asian
- Any other Mixed background
- White British
- White Irish
- Any other White background
- Something else



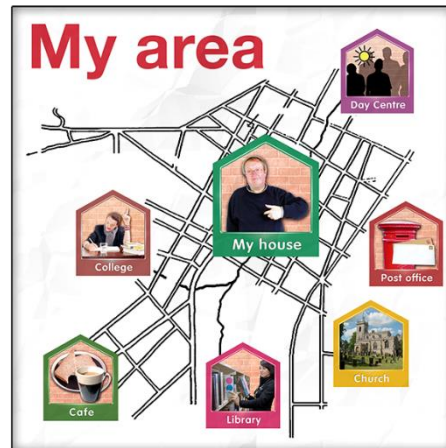


Please tick or colour all the circles that best describe you or things you have experienced.

- Mental health condition
- Physical impairment
- Sensory impairment (Sight or hearing loss)
- Autism
- Learning Disability
- Neurological condition
- Family/unpaid carer
- Not saying
- Something else

Please tick or colour the circle in this list next to where you live in Gloucestershire.

- Cheltenham
- Forest of Dean
- Gloucester
- Stroud
- Tewkesbury
- The Cotswolds
- Not saying
- Somewhere else



Are you a member of Inclusion Gloucestershire?

- Yes
- No
- Not sure
- Not saying



Have you been using any of Inclusion Gloucestershire's services in the last 6 months? This might be the Inclusion hubs, drama group, advocacy support, speak up groups or MHELO (Mental Health Experience Led Opportunities).?

- Yes
- No
- Not sure
- Not saying



Thank you.

If you want to tell us more and have time, please fill in **section 3**.


If you want, you can go straight to **section 4** and tell us how we can contact you.

If you don't want to fill in section 3 or 4 you can send us your survey with your answers. Our address is at the end of section 4.


**Section 3 is where you can give us more information about what is going well or not so well for you.**



**These questions are about your health, care, and support.**

23		Please say if you have had problems getting help with your health.
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24




Wellbeing

Please say if you have had problems getting help with your mental health or well-being.

25




How easy is it for you to get health tests like smear tests or annual health checks?



Very hard	Quite hard	Bit of both	Quite easy	Very easy
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26



The problem was.....

Please can you say about the problems you have had with checks for your health?

27



Assessment

1	<input checked="" type="checkbox"/>	6	<input checked="" type="checkbox"/>
2	<input checked="" type="checkbox"/>	7	<input checked="" type="checkbox"/>
3	<input checked="" type="checkbox"/>	8	<input checked="" type="checkbox"/>
4	<input checked="" type="checkbox"/>	9	<input checked="" type="checkbox"/>
5	<input checked="" type="checkbox"/>	10	<input checked="" type="checkbox"/>

If you are worried about getting an assessment or review from social care, can you say why?



28



If you have help from social care has anything changed in the last year?

- Yes, I have more support
- Yes, I have less support
- No, it hasn't changed
- I don't have support from social care
- I am not sure
- Not saying

You can say if it is something else, here.

29





Please tell us about any changes that have happened in your social care support and how you feel about them.

30




If you have support from social care, please tell us what you think about how much you pay towards this and how this is worked out.


31		<p>Can you say if you have wanted help to speak up for yourself and not been able to get it? This is called advocacy.</p>
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32		<p>If you have had help to speak up for yourself, can you tell us about it?</p>
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The next questions are about your home and your money.

33		<p>Can you tell us if you have worries about your money, this could be things like getting benefits or paying your bills?</p>
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34		<p>If you have worries about where you live can you tell us about it?</p>
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35



Please tick or colour the circle that best says where you live now. By paid support we mean someone that is paid to support you and they may work for you as a Personal Assistant or they may work for a care agency.

- I live on my own with no paid support
- I live on my own and I have paid support, this is sometimes called supported living
- I live with friends or family with no paid support
- I live with friends or family with paid support, this is sometimes called supported living
- I live with other people in Shared Lives
- I live in a residential care home
- I live in a nursing home
- I live in extra care or sheltered housing
- Something else


36








Please tick or colour the circle in the list that best describes about your work or volunteering.

- I work full time in a paid job
- I work part time in a paid job
- I am not working now but I am looking for work
- I am not working now, and I am not looking for work
- I volunteer full time
- I volunteer part time
- I am not volunteering now but I am looking for ways I can volunteer
- I am not volunteering now, and I am not looking to volunteer
- Something else


37



If you have had help to find a job or volunteering, can you say how good it was?


				
Very bad	Quite bad	Bit of both	Quite good	Very good
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

38








If you have had help to find a job or volunteering, can you tell us about it?


39



If you have had support to learn new things, can you tell us how good it was?

				
Very bad	Quite bad	Bit of both	Quite good	Very good
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>


40



I had help to.....


If you have had help to learn new things, can you tell us about it?

41








If you go to school or college, can you tell us about the help you get?

42



How happy are you about your chances to get out and about and do the things you enjoy?

				
Very unhappy	Quite unhappy	Bit of both	Quite happy	Very happy
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



43



Can you tell us about getting out and about to do the things you enjoy? Tell us what is going well or not so well.



The next questions are about friends and family.

44



How happy are you about your chances to spend time with your friends or family?



Very unhappy	Quite unhappy	Bit of both	Quite happy	Very happy
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45



Can you tell us what gets in the way of you spending time with your friends or family?



**These questions are about family or unpaid carers.**

46



If you are a family or unpaid carer, please tell us about the support you get.

47



If you are a family or unpaid carer, please tell us about your experience of having a carers assessment or review.



**The next questions are about choice, control, and other important things.**

48



Please can you tell us what happened if you had to tell the people who support you when things are going well and not so well? This is sometimes called making a complaint.

49



Can you tell us more about how the services and support you get know what is important for your culture?

50



If you have been treated badly or differently because of something about you, can you tell us what happened? This is sometimes called discrimination.

51



If you have had problems getting information from services, can you tell us more?

52








If you have had trouble accessing different places, like getting in and out, being able to understand signs, being too busy, or too bright or having hearing loops can you tell us more?

53



How do you feel about the amount of choice and control you have in your life?

				
Very unhappy	Quite unhappy	Bit of both	Quite happy	Very happy
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

54



Please tell us what you think about people having choice and control in their life.

55



If there is anything else, you want to tell us you can write it here.



## Section 4 your contact information.

We would like to be able to contact you, but you don't have to give your contact details to us if you don't want to.

If you do give us your information, we will only use it for three reasons:



- 1) to talk to you to find out more about your answers to this survey
- 2) to ask you to help us with other surveys or research
- 3) to write to you about how you can become a member of Inclusion Gloucestershire.



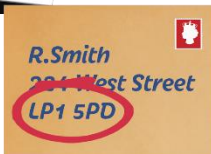
We will keep your personal contact details safely for 4 years from the date the survey closes, so this will be until 20th July 2025.

To find out more about how we keep information safe or to tell us you do not want us to keep your information please email [info@inclusion-glos.org](mailto:info@inclusion-glos.org)

We will not share your personal details with other people or organisations.



Please tell us your full name.



Please tell us your address.



Please tell us your phone number.



Please tell us your email address.





Please keep an eye on our website and social media as we will share information about what you have told us on these.

<https://www.inclusiongloucestershire.co.uk/research-strategy-and-partnerships/>



<https://www.facebook.com/inclusionglos/>

<https://www.instagram.com/inclusiongloucestershire/>



If you want to post your survey back to us,

please post your survey by  
5pm on 20th July 2021 to us at:



Inclusion Gloucestershire  
2 St Michael's Court  
St Michael's Square  
Gloucester  
GL1 1JB

Thank You for helping us with our survey

