



Gloucestershire
**Learning Disability
Partnership Board**



One
Gloucestershire
Transforming Care, Transforming Communities

Learning Disability Partnership Board

**What happened at our meeting on
Monday 16th December 2024**



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Who was there?

Wendy Wall - LDPB Co-Chair	Paul Yeatman – Senior LeDeR Reviewer and Chair of the Gloucestershire Safeguarding Adults Board
Jan Marriott - LDPB Co-Chair	Jennifer Rake - Camphill Village Trust
Paul Tyrrell – Inclusion Gloucestershire	Kayleigh Connors – Inclusion Gloucestershire
Deborah Livingstone – Senior LeDeR Reviewer and Independent Supporter	Kerry – Brandon Trust
Nick Baker – Expert by Experience	Kim Whelan – Brandon Trust
Stacey – Building Circles	Matthew - Brandon Trust
Tamsin Morgan – Parent Carer Forum	Helen - Brandon Trust
Louise Worgan - Inclusion Gloucestershire	Nicki – Brandon Trust
Janet Hawkins – Camphill Village Trust	Nicola Shilton - GHC
Leo Woodford – Camphill Village Trust	Dominika Lipska-Rosecka – GHC
Mike Steed – Brandon Trust	Farooq Ismail - Patient Experience Manager, GHT
Terri-Ann - Expert by Experience	Maria – Employment and Skills Hub, GCC
Mark – Expert by Experience	Natalie – Prosperity Holistics
Chloe – Expert by Experience	Rhiannon – Prosperity Care and Wellbeing
Sonia Edwards – Inclusion Gloucestershire	Alice – Prosperity Care and Wellbeing

Hayden Price - Expert by Experience	Sasha – Allsorts
Ian Harper – Aspire Living	Mitch George – Community Learning Disability Nurse
Gill Parkinson – Treasure Seekers	Karen – Lighthouse Lead, Treasure Seekers
Rose – Enablement Team	Anna – Creative Sustainability
Judith – Parent Carer/NHS	Sue Walters – Family Carer
Megan – Expert by Experience	Jo – Brandon Trust
Gemma – Healthy Lifestyles Gloucestershire	

GCC means Gloucestershire County Council

GHC means Gloucestershire Health and Care Trust

GHT means Gloucestershire Hospitals NHS Foundation Trust.

GCC may have to give information in this document to someone who asks for it. This is because of a law, called the Freedom of Information Act.

What we talked about:



Wendy shared the ground rules for the meeting.

Healthy Lifestyles Gloucestershire



Gemma came to talk about the Healthy Lifestyles service in Gloucestershire.



Healthy Lifestyles help people to lose weight, stop smoking or cut down on drinking.



They can also help people when they are pregnant.



Healthy Lifestyles reopened in April 2024.



They are trying to make what they do more accessible.

Accessible



Healthy Lifestyles are trying to make things more Easy Read



They want to talk to people. They can talk to people on the phone or in-person.



Healthy Lifestyles is free.



Gemma has leaflets about Healthy Lifestyles.



Gemma would like to know how Healthy Lifestyles can be more accessible.



Healthy Lifestyles work across Gloucestershire.



They have groups or you can meet someone from Healthy Lifestyles on your own.

They are looking to set up a group for certain groups of people.



People can ask for help from Healthy Lifestyles themselves or a professional can ask.



People are waiting 1 week for help to stop smoking and 2 weeks for help losing weight.



Healthy Lifestyles covers the Forest of Dean.



They can give more help over the phone.

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In 2025 Healthy Lifestyles will have 20 groups set up in Gloucestershire.

People shared their news with the group, as the next presentation was being set up.

Brandon Trust



Brandon Trust came to talk to us about what good supported living looks like.



Supported living is a model for housing with care and support.



Personal care can be part of the support.



This allows people to live in their own homes.



People can choose who they live with, what happens in their home and how they want to be supported.



Choice

The best supported living should give all of these choices.



There are different types of supported living.



My House

Some people live independently.



Some people live with other people but have their own care and support.



Some people need their own care package.



Good supported living looks like people living ordinary lives, in ordinary houses, in ordinary neighbourhoods.



Staff need to understand they are going into the homes of the people they are supporting.



Respect must be shown at all times to the person, their home and their belongings.

The group shared their thoughts.



Jan asked Sue (a family carer) for her thoughts.

Sue and others said it has been difficult.



Hayden shared an experience where support staff were in the office, but not talking to the people who were living at the home.



Emily said people need to have a strong voice. Families need to know what housing options are available.



Kayleigh said some carers might break things or put pink clothes in your white wash. That has a cost to the person and that isn't good.



If you don't have someone fighting in your best interests, you need advocacy



It is important to know your rights and that the Care Act is being followed.



We need to campaign for more advocacy.



Chloe and Megan from Brandon Trust gave a presentation about their home.



The presentation has been sent out with these notes.



Chole and Megan told us about planning and going on holiday to Corfu.



They also told us about a trip to celebrate a birthday and an overnight stay to see Moulin Rouge.



Chloe and Megan do lots of activities.

Priorities and future meetings



Jan, Wendy and Paul reminded people of the Partnership Board priorities.

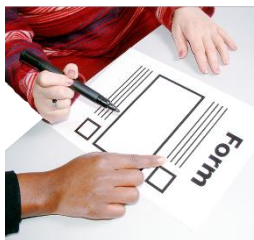


Paul said at the next meeting in February we will be talking about hate crime and staying safe.

This will include talking about County Lines.



As people have talked about the Care Act today, we will ask Jacky Martel to come and talk about this at a future meeting.



Ian Harper from Aspire Trust told the group that there will soon be more paperwork for going on holiday abroad.



He said he can come and talk to the group about this.

One paid carer said there is a problem when people need to be admitted to hospital at night.



A carer cannot always go to support the person because they need to stay at home with the other people who live there.

She said it would be good if the council could think about how to make this better.



Deborah said we need more Learning Disability Liaison Nurses in the hospital



Paul reminded people about the Communication Cards that the board helped to design.



Dominika asked if we can we have some information to tell professionals about these.



Emily said she would write a blog about them.



Gloucestershire Health and Care
NHS Foundation Trust

Nicola Shilton said she could share a blog with the GHC communications team.



Ideas for future meetings

Inviting Jacky Martel from Access Social Care.

Finding out more about the next Big Health Day on Friday 13th June at Oxstalls Sports Centre.



A talk from the enablement team



Inviting Lisa Carr to talk about the 'What matters to me' orange folder.



A meeting about support available for people living independently.



Employment and volunteering opportunities



Online safety



Coproduction – what is it?



Healthy Relationships – making friends safely, dating and support for this.



Transport and accessible taxis. It would be good if Stagecoach and the council could come to listen to what is needed and hear about people's transport experiences.



Accessible employment



Inclusion Gloucestershire – who we are and what we do.

Anything else to talk about?



Gill from Treasure Seekers is starting courses about relationships and finances



The course will run every Monday, starting on the 6th January.



It will be from 10:30am – 12:30pm at the Kingfisher Treasure Seekers Hub. It costs £4 per session.

**Our next in-person meeting will be on
Monday 3rd February 2025.**



It will be at Treasure Seekers Hub,
Eastgate Street, Gloucester



