

## Top 10 Themes and important resources for advice and support.

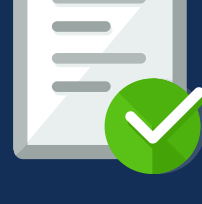
LeDeR helps us learn about the lives and deaths of people with a Learning Disability or Autism. LeDeR wants to reduce the unfair differences in healthcare that can be prevented.

For more information on LeDeR or to report a death to the programme please visit this website: <https://www.leder.nhs.uk/>

To view the national LeDeR policy in full please follow this link: <https://www.england.nhs.uk/wp-content/uploads/2021/03/B0428-LeDeR-policy-2021.pdf>

To view the national LeDeR policy in easy read please follow this link: <https://www.england.nhs.uk/wp-content/uploads/2021/03/LeDeR-Policy-2021-Easy-Read.pdf>

## 14 Cases Quality Checked



What the panel said.  
What we can learn.  
Good practice in action.



### 01 COVID-19 - infection control

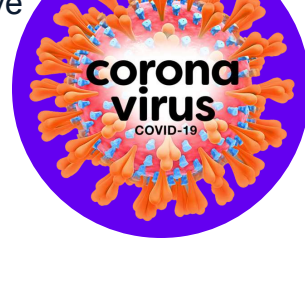
COVID-19 was in 5 care homes where people were living before they died.

The panel asked about staff training on infection control in these cases.

To view a Photosymbols poster explaining why health workers wear Personal Protective Equipment (PPE), follow the link: <https://www.inclusiongloucestershire.co.uk/wp-content/uploads/PPE-Easy-Read-Poster.pdf>

To view a video on how to put on and take off PPE correctly, please follow the link: <https://www.gov.uk/government/publications/covid-19-how-to-work-safely-in-care-homes/covid-19-putting-on-and-removing-ppe-a-guide-for-care-homes-video>

In two cases people were not on the COVID-19 shielding list. The panel asked if they should have been. Some people with Epilepsy were asked to shield but others were not.



### 02

## Keeping connected during COVID-19

Extra support may be needed for people with a learning disability, when they cannot see their friends and family.

Everyone with a Learning Disability or Autism should have a 'My Health Passport'.

Don't forget these resources:

- Inclusion Gloucestershire's COVID-19 hub: <https://www.inclusiongloucestershire.co.uk/covid-19/>. This lists accessible resources on a range of different COVID-19 issues.
- You're Welcome: <https://www.yourewelcomeglos.org/>. This is a website for inclusive activities in Gloucestershire.



### 03 Where can I get 'My Health Passport'?

For a 'My Health Passport' which can be edited online, follow this link:

[https://www.ghc.nhs.uk/wp-content/uploads/My-Health-Passport-EasyRead-v2-April-2021\\_Editable-Version.pdf](https://www.ghc.nhs.uk/wp-content/uploads/My-Health-Passport-EasyRead-v2-April-2021_Editable-Version.pdf)

Or listen to how a hospital passport helped Victoria (video by Mencap):

<https://youtu.be/jhN-EyMJWg4>

A health passport helps doctors and other healthcare workers find out important things about you, such as, what medication you take, the support you need and what you like or dislike.

**Good Practice in action:** a health passport was being used in 8 cases reviewed.



### 04

## ReSPECT forms

ReSPECT stands for **Recommended Summary Plan for Emergency Care and Treatment**. This form can include any reasonable adjustments needed or a persons end of life wishes.

They should be completed when a person is well.

The panel said they were completed in some cases but not in others.

To see an example of a ReSPECT form, follow this link:

<https://g-care.glos.nhs.uk/uploads/files/ReSPECT-Specimen-Form.pdf>

To view the ReSPECT training material for healthcare staff, follow this link:

<https://g-care.glos.nhs.uk/education/359>



### 05 Bereavement Support Resources

Bereavement is the time of feeling very sad after someone you care about has died.

Cruse Bereavement Care: <https://www.cruse.org.uk/>

Grief chat - a bereaved person can talk to a qualified counsellor for free:

<https://griefchat.co.uk>. Mencap have written an Easy Read guide on how to use this service:

<https://www.mencap.org.uk/sites/default/files/2020-05/Grief%20Chat%20Easy%20Read.pdf>

Advice from the NHS on Bereavement: <https://www.nhs.uk/mental-health/feelings-symptoms-behaviours/feelings-and-symptoms/grief-bereavement-loss/>

One Gloucestershire's Easy Read bereavement leaflet (May 2020):

<https://www.inclusiongloucestershire.co.uk/wp-content/uploads/Easy-Read-Bereavement-May-2020.pdf>



### 06

## Being on the Learning Disability Register...

Lets your GP know you may need reasonable adjustments. Follow the links below to useful resources:

Mencap's Easy Read guide on how to join the register: <https://www.mencap.org.uk/sites/default/files/2017-03/Mencap%20Don%2527%20Miss%20Out%2015.03.17.pdf>

Mencap's Easy Read guide on reasonable adjustments when having your COVID-19 vaccination: [https://www.mencap.org.uk/sites/default/files/2021-03/Vaccine\\_reasonable\\_adjustments.pdf](https://www.mencap.org.uk/sites/default/files/2021-03/Vaccine_reasonable_adjustments.pdf)

What to expect at your annual health check (video): <https://www.youtube.com/watch?v=KRRefv2slaNk>

The Supercharged Me Campaign: <https://superchargedme.uk/>

Training on making reasonable adjustments: <https://g-care.glos.nhs.uk/education/413>

**Good practice in action:** A good reasonable adjustment seen by the panel was the use of an Easy Read "My Health Assessment" form.



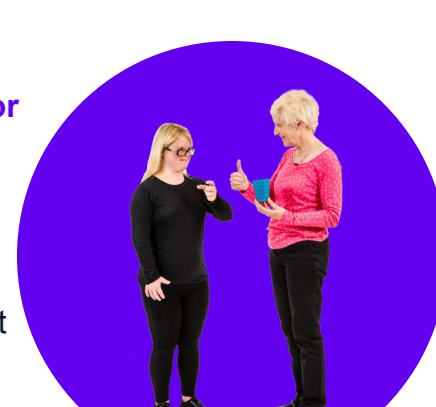
### 07 Communication

Between health care professionals and people with a Learning Disability or Autism. Communication also between health professionals and families.

The Oliver McGowan Mandatory Training Pilot is training healthcare staff to communicate better with someone with a Learning Disability. The panel reviewed one case where the learning disability liaison nurse was not told about an admission. Communication improvements are being made.

Please follow the link to book onto the Oliver McGowan Mandatory Training Pilot: <https://www.ghc.nhs.uk/oliver-mcgowan-mandatory-training/>

**Good Practice in action:** Good communication with family recorded in 3 cases.



### 08

## Mental Health Resources

Lets Talk 2gether in Gloucestershire: <https://talk2gether.nhs.uk/>

Be Well Gloucestershire: <https://www.bewellglos.org.uk/>

National and Local Mental Health Support by Gloucestershire County Council:

<https://www.gloucestershire.gov.uk/covid-19-information-and-advice/looking-after-your-wellbeing/wellbeing-support-for-all-gloucestershire-citizens/national-and-in-county-mental-health-services/support-for-adults/>

Rethink mental illness: <https://www.rethink.org/>

Mind: <https://www.mind.org.uk/>



### 09 Physical Health Resources

Our focus this month is on Mouth Care, Gloucestershire's Big Health and Wellbeing Week and Learning Disability Week 2021.

Mouth Care Matters is a campaign by NHS Health Education England, promoting the importance of mouth health: <https://mouthcarematters.hee.nhs.uk/>

Gloucestershire's Big Health and Wellbeing week is running between the 21st and 25th June 2021: <https://www.ghc.nhs.uk/our-teams-and-services/big-health-2021/>

Learning Disability week is between the 14th and 20th June 2021:

<https://www.mencap.org.uk/get-involved/learning-disability-week-2021>



### 10

## Medication, Medication Reviews and Medical Records

In some cases old fashioned words were used in a persons medical record.

Those words need to change as they can be upsetting now.

There is an NHS project to stop the over medication of people with a learning disability, autism or both (STOMP): <https://www.england.nhs.uk/learning-disabilities/improving-health/stomp/> There is an easy read guide about this: <https://www.england.nhs.uk/wp-content/uploads/2018/02/stomp-easy-read-leaflet.pdf>

There is also a linked project called Supporting Treatment and Appropriate Medication in Paediatrics (STAMP): <https://www.england.nhs.uk/learning-disabilities/improving-health/stamp/>. Regular medication reviews are important so people have the right medication at the right time. There were some good examples of this and some not so good.

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