

## **Learning Disability Partnership Board**

**What happened at our meeting on  
Tuesday 23<sup>rd</sup> May 2023**



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## Who was there?

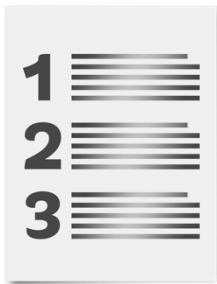
Tim Heaven - LDPB Co-Chair	Deborah Livingstone – Independent Support LeDeR Reviewer
Jan Marriott- LDPB Co-Chair	Nicola Shilton - GHC
Emily Luckham – Health and Wellbeing Projects Manager at Inclusion Gloucestershire	Simon Shorrick - Strategic Health Facilitator for Learning Disabilities at GCC
Ben Willis – Expert by Experience	Clare Hicks – Safeguarding Nurse GHC
Debbie Worrall – LDPB, Your Voice and Research Co-ordinator at Inclusion Gloucestershire	Phillip Douch – Active Impact
Tamsin Morgan – Gloucestershire Parent Carer Forum	Emily Trigg - Positive Behaviour Support Team at GCC
Anna Peacock - Barnwood Trust	Vicky Townsend – Integrated Commissioner NHS and GHC
Kerry Doxsey - Parent	Denise Pittaway – Carer's Hub
Lucy White – Healthwatch Gloucestershire	Anna Reeves -
Denise Medcroft - PACE	Andy Rozwadowski – Building Circles
Jan Burn – Treasure Seekers	Charlotte Look – Prosperity Care and Wellbeing
Holly Beaman - Head of Integrated Commissioning for Learning and Physical Disabilities at GCC	Hayden Price – Expert by Experience Inclusion Gloucestershire
Louise Waller - Building Circles	Valerie Sims – Diverse-city
Bryony Steel – Commissioning Officer GCC	Leah Baker - GCC
Brian Wilcox – Gig Buddies Coordinator Building Circles	Steven Kelly – Transitions Team manager GCC
Charlotte Casey – Employment and Skills Hub	Jo Walker – Adult social care GCC
Emily Trigg – Positive Behaviour Support Team GCC	Magda Ede – Quality Team GCC
Martha Kelsey – Future Me	Hayden Price – Expert by Experience Inclusion Gloucestershire
Robyn – Future Me	

**GCC means Gloucestershire County Council**  
**GHC means Gloucestershire Health and Care Trust**

## What we talked about:



Tim shared the ground rules for the meeting.



He also shared the 4 priorities for the partnership board. They are:



1. Making sure people have information that is easy to understand.



2. Better support for young people when they become adults.



3. Helping people to look after their money and benefits.

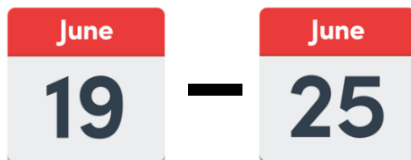


4. Helping people to get jobs and volunteering

## You said, we did:



Simon Shorrick had a meeting to talk about Learning Disability Week.



Learning Disability Week is 19<sup>th</sup> to 25<sup>th</sup> June this year.



Inclusion Gloucestershire will have a web page with links to all the things different groups are doing to celebrate Learning Disability Week.



Please let Simon [Simon.Shorrick@ghc.nhs.uk](mailto:Simon.Shorrick@ghc.nhs.uk) know if you are doing anything that can be put on the website.

## What some words mean



This meeting was about what happens when you start to become an adult.



You might see **transitions** or **preparing for adulthood** in these minutes.



Both these things mean the time when you are getting ready to be an adult.

## How the transitions team help young people



Steven Kelly and Jo Walker told us that the transitions team works with people aged 17 and older who have special educational needs or a disability.



They work with young people who have an education health and care plan or EHCP.



They look at the support that a young person might need as they become an adult.



Some people said there should more support for moving to adult health services as well.





Commissioners are trying to get money to pay for someone to work with young people with complex needs.



A parent said they are often told to get in touch with different services who then say they can't work with them.



People said that transition support should happen earlier than 17 so that it is less stressful for parents and young people.



Simon said it might be good for the transitions team to come to a hospital learning disability meeting.



## Gloucestershire Parent Carer Forum



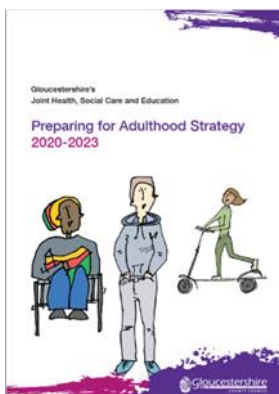
Tamsin Morgan told us about parents and carers experiences of transitions.



One person's son was taken off the parent's NHS app when he was 16 and they could not order his medication any more. He could also not order his medication until he was 18.



Parents did not know that transition support can start when the young person is 14.



The best way to share information about transitions is with the new Preparing for Adulthood booklet.



Young people and their parents can feel worried or excited about transitions.



The parent and carer forum helps people with transitions by having information events, coffee mornings and making sure parents know about important things.

## Building Connections with Active Impact



The Building Connections project was set up because people at school or college have a lot of people around them but this can stop when they leave.



The project is to help people who have left school or college to have more people around them.



Anna told us about the Welcome Groups she has run for 16 to 25 year olds.



The group comes together to make food and talk about two things.



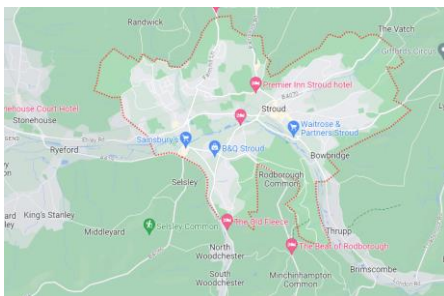
They talk about what they have done that's new or exciting.



They also talk about what they need or would like to have in their life.



Some young people are now becoming leaders and helping other people with what they need in their life.



They would like to have other groups running in Stroud.



Another part of the project is called Pathways where people have one to one support from a mentor



The mentor finds out about things people like to do and then they do them together or find someone else to do them with.

## **Group Chat:** **What one thing would make a difference for young people getting ready to be an adult?**

People said:

Parents having relationships and support from other parents



Having chances to take risks.



Better health support that is as good as social care support.



Having good quality information that tells you what is coming next.





Having a worker who supports people through the transition time.



## Kingfisher Treasure Seekers



Jan Burn told us that Kingfishers have a big new space with two halls that fit 200 people each.



They would like the new space to have lots of things to do like things for preschool children, a group for teenagers, a family group, wood working, disco, knitting and more.



Jan would like people to have a look at the space and to say what they think it needs, so it can be the best it can be.



The partnership board hopes to have meetings at the new space when it is ready.

## Future Me



Martha and Robyn told us about the Future Me project.



They share information about getting ready to be an adult with young people and find out what they think about important things.



Robyn and the other Youth Representatives have put together a survey and made films about Education, Health and Care Plans.

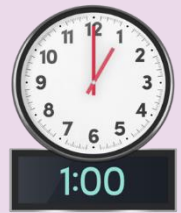


They would like to know what people think about their website  
<https://customertesting.social.idoxgroup.com/kb5/gloucs/gloshfamilies/home.page>



## Next meeting:

The next meeting is on  
Tuesday 25<sup>th</sup> July  
from 11am – 1pm.



We will let you know  
where the meeting  
will be soon.



## Presentations

# Gloucestershire County Council Transitions Team

**Transition** means moving from childhood to young adulthood

## Meet the team



## What we do



We help young people and their families as they move from Children's Services to Adult Services.



We help young people with Special Educational Needs and Disabilities (SEND).



We complete a **Care Act Assessment** – this is how we decide if you need support when you turn 18.



## Referrals



A **referral** means that we have been asked to help you.

We usually get referrals from Childrens Services.



You can also contact the Adult Helpdesk online or by telephone to make a referral to us.



You must have an Education, Health and Care (EHC) Plan.





## Care Act Assessment



We will talk about what is important to you and then try to get you support.

We will talk about what you can do well and what you might need support with.

This will help us to decide if you need support from Adult Social Care.

You can ask for support from other people when having this assessment.

## Care Act Support Planning



If we decide you need support, we will help you to make a **Support Plan**.

The Support Plan shows what help you will get from other people.

If you have a **Personal Budget**, you may have to pay some money towards the support that you get.

Living our values every day



Living our values every day



## Why is transition planning needed?



Support and services may be different for children and adults.

You might want something different when you become an adult.

There could be a change to your money, benefits, and costs.

You might want to increase your skills and independence.

## Preparing for Adulthood

We will help you to think about the four preparing for adulthood (PFA) outcomes as part of transition planning.



Living our values every day



Living our values every day





# Gloucestershire Parent Carer Forum



- My name is Tamsin and I work for the Gloucestershire Parent Carer Forum.
- My job is the Autism and Learning Disability Family Supporter.
- Part of my job is meeting lots of mums, dads and other family carers who are supporting young people in Gloucestershire with lots of different physical and learning disabilities and also Autism and ADHD.
- I have come along today to talk about transitions and what that means to our young people who live in the county and young person's voice through parents when they lack capacity or ability to express.
- We have also been able to look at what transition information is available and how best for young people and their parents or carers and how best for them to get that information.
- We have lastly looked at how best the forum can support, guide and advise throughout this time.

# Gloucestershire Parent Carer Forum

What information would have been helpful to you and your family in regards to transitioning to adulthood



Money



- The changes in regards to Education and Health were the most asked about. New educational setting and placements, the processes and the HUGE amount of paperwork for mums, dads and carers!
- There is concern when children turn 16 and parents are no longer able to advocate, order medication and help make decisions in their best interests with healthcare.
- Some parents did not know the process of transitioning starts at 14. This is key to making sure that there is lots of time to prepare and start understanding what will be happening.
- There has also been some worry about benefits changing from DLA to PIP, how that is best managed and if the young person needs help managing money for the first time.
- Changes in respite and providers can happen throughout transition too which we were asked about.

What is the best way  
for that information  
to be shared with you  
and your families



The biggest way to share information will be the new transition booklet which has been distributed to EHCP leads in specialist schools, the Advisory Teaching team, the Forwards Team to give out to post 16 providers. It has been put on to the schools net and will be going on to the local offer. We have shared the leaflet on our social media accounts.

computer



- Easy to read and accessible information is very important because everyone who reads it should be able to understand, the information should be available in braille and audio for visually and hearing impaired people too.
- Sometimes online information sharing can be better as the information can be looked at when it is a good time and not at a set time.
- Some people would prefer a face to face meeting and suggested a transition day where lots of providers can come along and share transition information. This way of sharing information is good but can take a lot of organising and time. Parents, carers and young people may not always be able to attend in the day which means they miss out on a event like this.
- Using the forum and the parent voice we are hoping that parents will see information and be able to share with their own networks.



How did you  
feel when you  
moved into adult  
services



worried

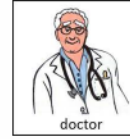


anxious

- Transition is bringing up lots of really BIG feelings, these include feeling worried and scared. These feelings are normal one as lots of changes make you have these feelings but the most important thing is how we manage them throughout the process.
- Being scared about making decisions on your own and having more responsibility. Although some young people have been very excited to begin being more active in choices and happily embrace the transition.
- Worries about meeting new people, going to new buildings and making new friends.
- There is lots of worry for parents and carers too as this is new to them and we all want the best outcomes.
- This is why it is so important that the transition to adulthood starts at 14 so it gives lots and lots of time for these feeling to be worked through and processed.



How the Forum are going to be able to help guide and support through transition?



- As we all now know transition has lots and lots of different parts involved!
- Luckily, as a Forum we have links to, and good relationships with lots of organisations who are important to the different aspects of transition so we are in a good place to help, guide and support the families of Gloucestershire.
- We have run, and will continue to run sessions with Isobel from SENDIASS who is able to give a wealth of advice about Yr 9 EHCP reviews and the start of transition there.
- We will make a note to remind parents to ask their paediatrician from age 14 about their health transitions and how that will be managed and with who will be continuing and overseeing their medical needs.
- We are holding a Deputyship webinar on Monday 5<sup>th</sup> June 2023 with at 10am-12pm and 7<sup>th</sup> June 6.30pm - 8pm with EP seminars delivering the webinar



- At our next Listen To Me Coffee morning at The Chamwell Centre, Gloucester. We will be welcoming Kiernan Raybold from the Dynamic Keyworking Team in the NHS to talk to us about the Dynamic Support Register which every person with a LD and or Autism is entitled to go on.
- Being on the Dynamic Support Register makes you known to services and if times get particularly tricky you may be able to have a Dynamic Keyworker who can help navigate and organise challenging times – they work with young people up to the age of 25.
- We are also welcoming Simon and Bryony on the same day to talk about Annual Health Checks and of course The Big Health Check Day.
- Annual health checks are so important to take up and you can have them from ages 14 which is a nice start in to the transition process in terms of health and a place to ask questions.
- The Big Health Check Day not only provides health advice but wellbeing and opportunities to look for groups and activities to take part in as you get older and in to adulthood.



- Lastly, but not least. We will continue to provide a empathetic ear for parents, carers and continue to listen to the voices of our county's young people and continue to feed that back to GCC and the other organisations that we work strategically with to make sure our young people get the very best throughout one of the most challenging and stressful time in their young lives ☺

thank you



# Building Connections

Philip Douch

[philip@activeimpact.org.uk](mailto:philip@activeimpact.org.uk)



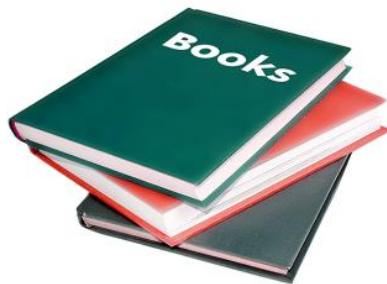
At school or college



When you've left



Lots of reading and asking



Groups



One to one







## Welcome Group at Creative Sustainability

Anna Reeves

creative  
sustainability

People come together  
to prepare and share  
food.

Chat and share  
experiences and ideas.



Simple  
structure  
allows  
everyone to  
join in.

Celebrate  
achievements.

Share needs  
and wants.

Key outcomes:

Sense of community and  
belonging

People feel able to say what  
they need and want

People able to give help as  
well as receive help

People feel valued and that  
what they do matters





Next Steps:

Developing activity leaders

Building confidence to use other venues

Starting new groups

# Pathways

Honor Binning  
Young Gloucestershire **yg**

One to one mentor



- New skills and hobbies together
- Build confidence
- Join up with people in your community

# Sarah Poultney

Post-16 Lead

County Council

Fits with our plans



Money!



- Find some more!
- Spend some more!
- We want more people Building Connections





## Future Me Gloucestershire

THE VOICES OF CHILDREN AND YOUNG PEOPLE WITH ADDITIONAL NEEDS IN GLOUCESTERSHIRE



## What is Future Me Gloucestershire?



- Future Me Gloucestershire the name of the Young People's Local Offer in Gloucestershire.
- We share information with young people about preparing for adulthood. We use film, audio and text to do this.
- We talk to young people about their experiences and collect feedback. We use surveys and focus groups to do this.

## Future Me Gloucestershire: for and by young people.



- The Future Me Team is lead by Youth Representatives.
- Our Youth Reps are all young people aged 16 – 25 who live in Gloucestershire, who have an additional need or disability.
- We as Youth Reps share our experiences and ideas to shape the work of Future Me. Our vision is that Future Me is by young people, for young people.
- Future Me is supported by staff at Gloucestershire County Council.

## Future Me Gloucestershire: examples



Future Me speaks with a small focus group of young people, who helped us co-produce one of our surveys.

## Future Me Gloucestershire: examples



Future Me at an event at a school, using our survey to collect feedback from young people.

## Future Me Gloucestershire: examples



Future Me Youth Reps made a short film about Education, Health and Care Plans to help other young people.

## Young People's Local Offer



- We use the voices of young people and their feedback to improve the Young People's Local Offer website.
- We are working together with young people to make sure information is useful and accessible.
- The Local Offer sits on the Glos Families Directory website.

## Young People's Local Offer: Preparing for Adulthood



- An improved version of the website is currently being tested.
- Our aim is to have more Young People involved in improving the information about Preparing for Adulthood.
- [Let's take a quick look at the redeveloped Young People's local Offer now](#)



# Thank you for listening

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Questions are welcome ☺

-You can contact Martha by email:

-[martha.kelsey@gloucestershire.gov.uk](mailto:martha.kelsey@gloucestershire.gov.uk)