



# **Learning Disability Partnership Board**

# What happened at our meeting on Tuesday 28<sup>th</sup> November 2023



# Index

Page 3	A list of who was at the meeting
Page 4	What we talked about
Page 5	You said, we did
Page 7	Young People's Stories
Page 11	Support to be a healthy weight
Page 12	New contract for care homes
Page 14	Group Chat
Page 17	Actions and next meeting
Page 19	Letter to MPs
Page 23	Presentations



# Who was there?

Tim Heaven - LDPB Co-Chair	Deborah Livingstone – Independent
Tilli Heaven - LDFB Co-Chail	_
Ion Marriott I DDP Co Chair	Supporter and LeDer Reviewer
Jan Marriott - LDPB Co-Chair	Bryony Steel - GHC
Emily Luckham – Inclusion	Jennie Goodrum – Active Impact
Gloucestershire	
Debbie Worrall – Inclusion	Nicola and Michelle – Iris Group
Gloucestershire	
Tamsin Morgan – Gloucestershire	Paul Yeatman – GCC Safeguarding and
Parent Carer Forum	LeDeR reviewer.
Andy Davis - Lighthouse Manager	Gemma McKay  Gloucester Rugby
	Foundation
Katie McDonnell – Lighthouse	Isabel Saez-Villagra – Positive
	Behaviour Support Practitioner GCC
Colin Thompson – Lighthouse	Aatiqah Patel – Positive Action Officer
	Gloucestershire Constabulary
Judith Rimell – Parent carer	Dom – Gloucester Rugby Foundation
Roz Stewart - GCC	Andy Rozwadowski – Building Circles
Jan Burn – Kingfisher Treasure	Brian Wilcox - Gig Buddies
Seekers	
Selene – Expert by Experience	Karin Parker - GHC
Alan – Expert by Experience	Taylor Dougan – Events and Wellbeing
	Manager Prosperity Care and Wellbeing
Paul Tyrrell – Inclusion Gloucestershire	Denise Pittaway – Keyworker
•	Gloucestershire Carers Hub
Elisa Patel – Inclusion Gloucestershire	Leah Rosagro - GCC
Vicky Townsend – GCC	Denise Medcroft - PACE
Caroline Weston – Active Impact	Jayne Pawsey – Employment and Skills
·	Hub
Daisy Green – Active Impact	Eva – Employment and Skills Hub
Sue Walters – Family Carer	Vicky, Gem, Freya and Troy from Action
	for Children Kingfishers
Chris Gratton - GCC	

# GCC means Gloucestershire County Council GHC means Gloucestershire Health and Care Trust

#### What we talked about:





Tim shared the ground rules for the meeting.



He also shared the 4 priorities for the partnership board. They are:



1. Making sure people have information that is easy to understand.



2. Better support for young people when they become adults.



3. Helping people to look after their money and benefits.



4. Helping people to get jobs and volunteer

# You said, we did:



We have been looking into getting a communication card made so people can use it to tell health and social care workers how to communicate with them and give them information.



Debbie showed people an example card that had been made up by a printer. There were some changes that needed to be made.



There hopefully is money to pay for these to be printed.



Once the final design is agreed people might be able to print it themselves if they want to.



Tim has written a letter to MPs to ask that the benefits system is made easier to understand.



The other partnership boards and some organisations have agreed to sign the letter to show their support.



People from the council, the NHS and a learning disability nursing student said they also wanted to sign the letter.



Anyone who wants to sign the letter should email by the 15<sup>th</sup> January.

debbiew@inclusion-glos.org

# **Young People's Stories**



Jan Burn from Kingfisher Treasure Seekers told us about the barriers that young people are facing and how they help.



Some young people don't feel able to go to school and their parents asked if they could come to Kingfishers.



They wanted to be able to do things as a family with their child with special educational needs or a disability.



Kingfishers run a 'safe space' on a Saturday afternoon where children and their family can come along.



When a child does not get the support they need it affects the whole family.



One young person really didn't want to go to school and their mum kept getting referred from one organisation to another.



They moved school but has had to wait some time to see a special education need coordinator.



Another young person has struggled to go to school and doesn't get very much help.



They don't have a diagnosis of any condition.



When he goes to school, he is only in the classroom half of the time as he finds it so hard.



He has been told he cannot have an education health and care plan or get help from the mental health team because he doesn't struggle enough.



Another young person is on a waiting list for mental health support but is having such a hard time they don't go to school any more.



Elisa and Alan told us about how they found things difficult at school and people thought they were a problem, but they needed help.



Jan said that inspectors are looking at services for young people with special education needs or disability and want to know what people think. There has been a survey which is now closed.

# Support to be healthy



Paul and Elisa told us about their project finding out about support people have had to be healthy.



They want to talk to people with a learning disability or autistic people who have used Slimming World, Healthy Lifestyles or something else.



They can talk to you in person or online or you can fill in a questionnaire.



Please email <a href="mailto:paul.tyrrell@inclusion-glos.org">paul.tyrrell@inclusion-glos.org</a> if you want to take part.

## The new contract for care homes



Chris told us that the contract (set of rules) the council uses for care homes needs to be updated.



The new contract will be for all residential and nursing homes but it will have a section about supporting people with learning disabilities.



There is a separate contract for supported living homes.



The new contract will include how care homes will give people good quality care.



There will be a list of care homes that give safe care and they will need to sign up to the contract.



Chris would like to know what you think needs to be in the contract.



If you live in a care home and want to tell Chris what you think the partnership board will arrange a meeting.



Jan Burn said that lots of people can't come to Kingfisher Treasure Seekers events because there is a lack of transport or drivers in care homes.

# **Group chat:**

# What still needs to change for young people and who can help?



Training for parents that is not too expensive including

- Positive behaviour support
- Positive neurodiversity courses which also thinks about the family



Training for teachers and school staff on understanding special needs.



Help when children are younger with diagnosis and meeting the right people to help.



More transport to go to activities.



Using more technology makes things less accessible for some people



More music and skill based activities



More funding for Personal Assistants, Support Workers and Teaching Assistants



The DLA/PIP application process is complicated and inaccessible



Support and funding for young people who don't have a diagnosis.



Advisors for young people and their family in transition and post 25.



Processes and waiting lists are too long.



Organisations need to share minibuses and other facilities.



There should be a clearer directory where you can find how to contact mental health support, education support.

My Support There should be a way to share all the services they are accessing so there is no cross over for example like a passport or QR code.

# **Actions**



Debbie will talk to the printers about making changes to the communication card.



Everyone who wants to sign the letter to MPs about benefits should email

<u>debbiew@inclusion-glos.org</u> by January 15<sup>th</sup>



Anyone who lives in a care home and who wants to take part in a meeting about the new contract should email

debbiew@inclusion-glos.org

# **Next meeting:**

The next meeting will be in January 2024



It will be at Treasure Seekers Hub, Eastgate Street.



Thank you for all your support with the Learning Disability
Partnership Board in 2023



all

**Co-Chairs** 



Tim



Tel: 01452 234003 Email: info@inclusion-glos.org www. inclusiongloucestershire.co.uk

3 King Street Stroud Gloucestershire GL5 3DA

### Dear Siobhan



Hello, my name is Tim Heaven I am one of the co-chairs of the Learning Disability Partnership Board.



The Learning Disability Partnership Board is where everybody works together to make lives better for people with a Learning Disability in Gloucestershire.



One of the biggest barriers we face to having a life as good as everyone else is the benefits system.



Tel: 01452 234003 Email: info@inclusion-glos.org www. inclusiongloucestershire.co.uk



It is a very complicated and confusing process and the Easy Read information is not enough to help us understand it.



This means that the benefits system is not accessible to us because:

 we don't understand what benefits we can get.



 we can't fill out the forms to apply for benefits.



 We can't understand what evidence we can give to support our application.



Tel: 01452 234003 Email: info@inclusion-glos.org www.inclusiongloucestershire.co.uk



 We don't get the benefits we need in order to survive.



 We often get turned down for benefits when we should have them.



 We don't often know that we can appeal or how to do it.



 We give up trying to get the benefits we should have because it is so complicated.



Tel: 01452 234003

Email: info@inclusion-glos.org www. inclusiongloucestershire.co.uk



It would help if the benefits system was simpler and the information was clearer and easier to understand



The Equality Act 2010 states that it is our right to have information we can understand from a government department.

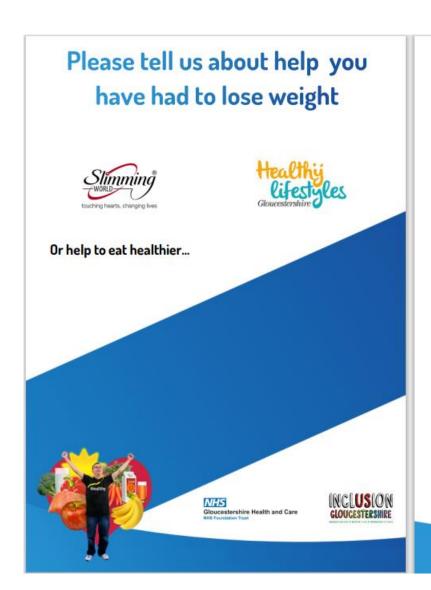


People with learning disabilities have been campaigning for over 40 years for accessible information but very little has changed.



We would like your support to make this happen. Please could you raise this in Parliament?

## **Presentations**



#### We want to talk to you!



We want to talk to anyone with a Learning Disability or an Autistic person who has had help from:



Slimming World



Healthy Lifestyles



Or another group, website, phone App or person helping people to lose weight.

#### How to talk to us...

If you would like to tell us about the help you had, talk to Elisa or Tammie.







You can also email Paul: paul.tyrrell@inclusion-glos.org





You can answer some questions in Easy Read or Plain English.



Or fill in our online form.



We will keep what you tell us confidential.

## More about this project



Inclusion Gloucestershire are doing this work for part of the NHS in Gloucestershire.



They want to make the help people get better.



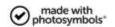
Inclusion Gloucestershire will write a report telling the NHS in Gloucestershire what people said and how things could be made better.



We will not use anyone's name in the report.



Made by Inclusion Gloucestershire using Photosymbols.



# **New Care Home Contract for Gloucestershire** Presented by **Chris Gratton** For the LD Partnership Board: 28th November 2023

# Why we are here today











Choosing care homes



- When it will happen
- How can you help?













# Why we are here today





- · The contract we use now
- New contract



Choosing care homes



- When it will happen
- How can you help?





















1. How we want to buy our care home services



2. How care homes work with our health services













### The contract we use now does not include:





3. Person-centred care, wellbeing and choice





4. Use of technology in care: connecting you to family, friends and other services





#### **The New Contract**



It will cover Residential and Nursing Care for people with learning disabilities and other people who may need to stay in a care home.

















#### What's in the new contract?



#### It will include:



- · A main contract to ensure the same care across all services
- · A section on how to support people with learning disabilities

#### What's in the new contract?





- Information about:
- Equipment



- Costs
- How we decide what services to buy and from which care homes



How care homes will provide quality care





























#### **Choosing Care Homes**







There will be a list of care homes we work with that we think provide safe care.



To join our list, care homes will need to sign up and give us information about the care home.



Quality will be initially checked by their CQC rating.





When it will happen

1. Summer and Autumn 2023 Talking to stakeholders



2. Winter 2023 to Spring 2024 Making sure Gloucestershire County Council and Integrated Care Board agree













## When it will happen (2)





3. Spring and Summer 2024 Writing the New Contract



4. 1st October 2024 **Contract Start Date** 







- · We would like your ideas on what we need to include in the new contract.
- What works well?
- What doesn't work well?
- Would you like to help us?





























# **Contact us**



The project team: <a href="mailto:bedbasedcare@gloucestershire.gov.uk">bedbasedcare@gloucestershire.gov.uk</a>

Chris: <a href="mailto:chris:chris.gratton@gloucestershire.gov.uk">chris.gratton@gloucestershire.gov.uk</a> Laura: <a href="mailto:laura.reynolds@gloucestershire.gov.uk">laura.reynolds@gloucestershire.gov.uk</a>











