



Partnership Board: Learning Disability

5th of April 2022 – What happened at our meeting

Who was there:



| Lorraine Bullingham - Expert by | Hayden Price – Co-chair of the |
|-----------------------------------------|-----------------------------------|
| Experience | LDPB |
| Pauline Murray - Expert by | Jan Marriott – Co-chair of the |
| Experience | LDPB |
| Marlene Ostrosak - Expert by | Clare Hopkins – Inclusion |
| Experience | Gloucestershire |
| Gemma Maycroft - Expert by | Emily Luckham – Inclusion |
| Experience | Gloucestershire |
| Jamie Mulvey - Expert by | Andrew McKay – Victim Support |
| Experience | |
| Helen Kay – Building Circles | Lorna Carter – Carer's hub |
| Tanya Kirby – Barnwood Trust | Megan Paul – You're Welcome |
| Jenny Cooper - Head of Integrated | Simon Shorrick – GHC |
| Commissioning (Older People) | |
| Deborah Livingstone – | Holly Beaman - Head of Integrated |
| Independent Supporter and | Commissioning (Learning and |
| LeDeR reviewer | Physical Disabilities) |
| Lee Holder – Music Works | Bren McInerny – Community |
| | Volunteer |
| Josh Griffiths – Police | Denise Medcroft – PACE |
| | |
| Steph Lawrence – Police | Clare Walters – GCC Shared |
| | Lives Officer |
| Harriet West – Art Shape | Laurie-Ann Cook - GHC |
| Darran Strang Export by | Marianne Bubb-McGhee – GHC |
| Darren Strong – Expert by Experience | |
| Lybenence | |



Hayden Price shared the house rules for the Partnership Board with everyone.

Jan reminded people of the LDPB survey in February 2021 that told us what people think is most important.



She said this meeting we would be talking about the 4^{th} and 5^{th} most important things:

- More things to do
- Learning new things.

People moved around the room and heard from four different groups.

PACE told us they support people to be in the community.

Everyone who comes to PACE has a goal they are working towards.

People decide what they want to do. There are different activities they can try.

They started a support group 6 months ago for family carers. They want to link up with the Carers Hub.

You can email PACE on: paceld2013@gmail.com

Or phone them: 07923 257187 or 07923 257198









Building Circles told us they have 4 different things they do.

They do befriending. It is important for people to have friends who are not family or paid staff. They match people with volunteers who are interested in the same things.



They do lots of training courses. Some of the training courses are about sex, healthy relationships, internet safety, self-advocacy, mental health, and Prevent duty.

They run social events. These were big before Covid. Now they run smaller social events.



They run activity workshops. This is where people can have taster sessions to try new activities, like Tai Chi, pottery or other new things.





You can call them on 01453 568155 or email <u>admin@buildingcircles.org.uk</u>



Art Shape told us they are an access arts charity.



They work with different people who face disabling barriers.

They do different projects in different places.



They have been doing a project in Westonbirt Arboretum.



If you want to join Art Shape, You could phone them: 01452 863855



Music Works told us they are a charity.

They are based in Kings Square in Gloucester.



They have a centre where they have lots of equipment. They have broadcast rooms, a teaching suite and a sensory room.

April **13**They run a on the 13th

They run a DJ collective. There will be a Spring Fling on the 13^{th} of April.



They work mostly with children in special schools, but they want to work with children in mainstream schools too.



They also work with adults who have a Learning Disability.



You can contact Music Works. Their phone number is: 01452 923950



After a break, we split into small groups.



People said things that stop them from going to new places or trying new things are:

Not feeling confident

Not having anyone to go with

They are worried about Covid

Support workers or family are worried about Covid



Not feeling motivated

Having to change their routine

They are not sure where to start

Not being able to use the bus pass until 9.30

Not having transport









Bullying on buses

Not having enough staff or volunteers

Some digital training courses are inaccessible.

People said They would like to play and watch football.

They would like to learn how to spell and how to understand big words.

They would like to do a First Aid course and a pet First Aid Course.

They would like to have some Healthy Eating recipes.

They want to learn about using public transport.



Andy and Steph told us about Hate Crime.



They said there are different crimes. The most common crimes are where someone hurts you or takes something from you.



Anyone can be a victim of crime. But people with a disability are more likely to be victims of crime.

When someone treats you badly because you are disabled, it is called a disability hate crime.



If you see someone in trouble, or if you are in trouble, you can call in or tell the police.

If it is happening to someone you know, you don't have to get involved, but the police need to know.



If you are a victim of crime over and over again this changes your mental and physical health.





You can report hate crime and other crime to the police in different ways.

You can call the police free on 101 or 999 You can visit <u>www.report-it.org.uk</u>

You can call Victim Support free on: 0808 281 0112 (9am-8pm Mon-Fri) or Victim Support line on 0808 16 89 111 (24 hours)







You can also go in to see them in Eastgate House.

Someone said it is hard to know who to ring. They would find it helpful to have a card with the numbers on. Steph and Andy said they will have cards soon.

Josh from the police said not to worry about ringing the wrong number.

If you become a victim of crime, a Victim Advocate from Victim Support will help you get things back to normal.

Being a victim of crime can make different people feel different things. You might feel sad or angry or scared or lonely. Talking to Victim Support about how the crime made you feel can help you make

Victim Support can tell you information you need to know

They can help you with forms that need filling in.



They can help you to feel safe. They can give you a personal alarm and can give you advice

They can speak to other people on your behalf. For example, we can talk to the police, or your landlord



Helen from Building Circles asked how people can get free lateral flow tests for volunteers.

Holly told us after the meeting, people need to go on to this website to find out if they can get a free lateral flow test.

https://www.gov.uk/order-coronavirus-rapid-lateralflow-tests

Volunteers cannot get a lateral flow test but shared lives carers and different paid staff can.



Simon Shorrick told us that on Friday the 17th June there will be a Big Health and Wellbeing Day at Oxstalls Campus.

If you would like to get involved, let Simon know.

Telephone: 01452 321015 Mobile: 07766 733421 Email: simon.shorrick@ghc.nhs.uk



June 2022

Our next Partnership board meeting is on the 14th of June 2022 at 10.30am –12.30 this will be on zoom.