



Partnership Board: Learning Disability 7th of December 2021 – Notes of our meeting

Who was there:









Tim Heaven shared the house rules for the Partnership Board with everyone.



Andrea and Faye told us about advocacy.

They said advocacy is about making your voice heard.



They told us Inclusion Gloucestershire have Speak up Groups people can join.

They said Inclusion Gloucestershire can offer 1:1 advocacy.



They told us how to make a referral. There is a form on the Inclusion Gloucestershire website.

Click here to find out more:

https://www.inclusiongloucestershire.co.uk/engagement/advocacy-and-mentoring-support/



People asked about how this fits in with PoHWer. Faye said they would work with people to decide what is the best service they need and can refer people to PoHWer.



People asked if advocacy is just available for people with a mild Learning Disability.

Faye said that people with any type of disability can have advocacy from Inclusion Gloucestershire.



Kayleigh from Your Voice told us about self-advocacy.



She said self-advocacy is about knowing your rights and speaking up for yourself.

She told us about the Your Voice project.

They ask people about changes they want to see in health and social care.

They tell NHS England and Improvement what needs to change.

People asked what changes she had told them about.





She told them that people would like Easy Read consent forms in hospital.

She said that people have told them that the menu is not Easy Read in hospitals.

She said people who have sensory issues with food, or need food that they are used to, find it hard in hospital.



People asked about whether Healthwatch are linked with this.



Building Circles said clients are having a difficult time with transport.



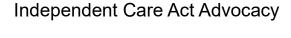
One person told them the bus driver would not get the ramp out to let him on the bus and told him to wait for the next bus.



Rose from PoHWer told us about lots of different types of advocacy they are able to offer.



These include:





Independent Mental Capacity Advocacy also called **IMCA**



Independent Mental Health Advocacy also called IMHA

Independent Health Complaints Advocacy



Independent Social Care Complaints Advocacy



We split up into groups to talk about who is not listening to us and what we can do to get people to listen.

Some of the things people said were:



- Doctors are not making referrals for people to see specialists.
- Doctors are saying they are not doing Annual Health Checks anymore.
- Doctors are speaking to parents and carers and not the person with a learning disability.



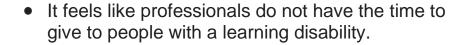
- There are problems with doctors not making reasonable adjustments and not recording information. People have to keep saying the same things over again.
- If you are someone with a Learning Disability with Mental Health issues, mental health services do not understand your needs and how to communicate to you.
- Services are not joined up. It makes people worry and get frustrated.



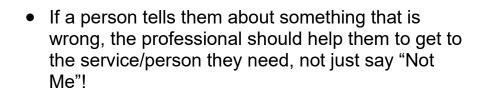
 Social workers are not listening. They are using complicated words and timetables and too much information.

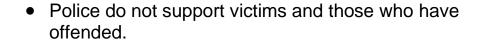


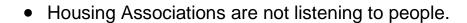
Learning Disability Nurses are really important.



 People listen but they don't hear and don't understand and do nothing about it. We get tired of saying the same thing over and over again









People said ways to make things better would be:

- People understanding reasonable adjustments
- More Easy Read information before, during and after the meeting with Professionals



 Listen to my concerns. This may take longer due to my learning disability and communication difficulties.





The Crisis Team need Learning Disability
 Awareness training. This should be delivered by Experts by Experiences.



After the break we talked about Annual Health Checks.



Cheryl said that doctors in Gloucestershire should still be offering people with a Learning Disability Annual Health Checks.

On the news, it said doctors would not have to do annual health checks but the checks for people with a Learning Disability should still be offered.



Jon and Tim from Inclusion Gloucestershire told us about Co-production.

- They told us that Inclusion Gloucestershire is user-led and places experts by experience at the centre.
- People with disabilities know what works for them and what doesn't.



- Every project is co-produced with disabled people who are fully supported
- Being user-led means most of our board and staff have lived experience of disability which helps us to understand better how services should be.

They told us that the key Ingredients of successful Co-Production are –





- Purpose
- Expertise
- Support
- Communication
- Trust
- Empowerment



Jan said she would like to tell people, what we have done, because of what people told us.

Active Impact has been granted some funding to do some work around helping disabled young people during transition to be involved in their community.



After Gig Buddies came to the partnership board, Building Circles and Camphill Village Trust have met with Paul from Gig Buddies.

They are looking at how Gig Buddies might work in Gloucestershire.



Jennie from You're Welcome showed us their website, and how to find different things to do.

There are courses, events and regular activities.

Check it out here: https://www.yourewelcomeglos.org



You're Welcome also have a Facebook page.



Simon Shorrick told us about the 14th Big Health and Wellbeing Day.

It will be on the 17th of June at Oxstalls Sports Park, Gloucester.

He said there will be lots of different exciting things to do.



There will be lots of organisations there.

There will be police and fire vehicles.

If people would like to help with planning the event, or want to come along – contact Simon:





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February

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Our next Partnership board meeting is on the 1st of February 2022 at 10.30am – 12.30.