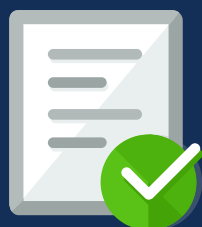
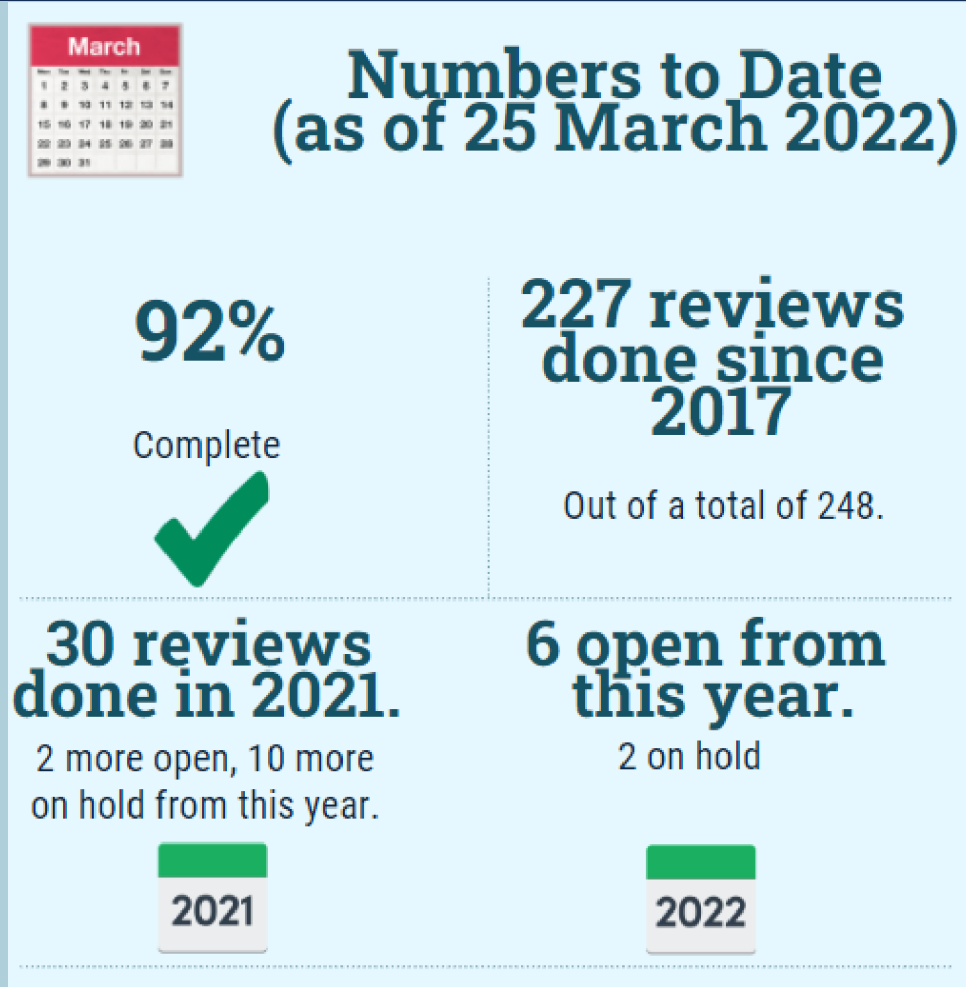


Update on Learning Themes

LeDeR helps us learn about the lives and deaths of people with a Learning Disability or Autistic Adults. LeDeR wants to reduce the unfair differences in healthcare that can be prevented.



5 cases quality checked in all.
Numbers to date
What the panel said.
Good practice in action.
What we can learn.
Future Newsletters



Dementia and Down's Syndrome

It is common for people with Down's Syndrome to develop Dementia. In Gloucestershire the Community Learning Disability Team (CLDT) have a Memory Assessment process. This is for adults with Down's Syndrome (from the age of 30) and any adult with a Learning Disability who has possible memory issues.

When a person is first seen they will be asked questions about their health and memory. This will help show any changes when the person is reviewed again by the team. This service is only available in Gloucestershire and is an example of good practice.

Information leaflet for carers and families about the Memory Assessment Pathway (MAP) by NHS Gloucestershire Health and Care Foundation Trust: <https://bit.ly/3Fmly1k>



Support to attend hospital appointments

There were examples of people having their annual health checks and health screenings. This is a good thing.

There was an example of someone who was anxious to attend hospital appointments. If you know you have an appointment at Gloucester or Cheltenham Hospital and are worried about it, you can contact the Learning Disability Liaison Nurses. They will talk to you about reasonable adjustments to make a visit more comfortable and reduce anxiety.



Telephone the Learning Disability Liaison Nurses on: 0300 422 4985

What we have learnt from LeDeR

- It is important to make plans for a persons future health and care when the person is well. This conversation should start with a healthcare professional talking with the person, their family and carers. It is important everything is written down using the ReSPECT form.
- In one case the persons advocate ensured a ReSPECT form was completed. We have learnt from other LeDeR reviews that people who have advocates have better outcomes.
- There was an example of excellent record keeping by the care home.
- One person received good support for anxiety and depression from the Community Learning Disabilities Team (CLDT).
- One person had regular contact with social care.
- One person had good diabetes management as the care home were able to monitor food intake.



New Easy Read Health Information Resources

The LeDeR team have developed some new Easy Read resources to help tell people about the programme, the learning from LeDeR and the support that is available when accessing healthcare.

The team have made resources on:

- The LeDeR programme in Gloucestershire: <https://bit.ly/3IDlaEp>
- Aspiration Pneumonia: <https://bit.ly/3wDM1Fu>
- Accessing Healthcare in the Community: <https://bit.ly/3wELDHU>

All of the resources can be downloaded from the Gloucestershire LeDeR webpage:

<https://www.inclusiongloucestershire.co.uk/engagement/leder/>

More resources will be added, so please keep coming back to the page to check.



Future Newsletters

We are always looking to improve our newsletters!

We would like to know what you would like to see in future newsletters.

Please take a few moments to tell us using this online form (there are only 2 questions to answer):

<https://forms.office.com/r/QJr99EidwU>

The Gloucestershire LeDeR team is looking forward to hearing from you!

For more information on LeDeR or to report a death to the programme please visit this website:

<https://www.leder.nhs.uk/>

To view the national LeDeR policy in full please follow this link: <https://www.england.nhs.uk/wp-content/uploads/2021/03/B0428-LeDeR-policy-2021.pdf>

To view the national LeDeR policy in easy read please follow this link: <https://www.england.nhs.uk/wp-content/uploads/2021/03/LeDeR-Policy-2021-Easy-Read.pdf>

If you have any feedback on this newsletter, please contact Paul Tyrrell

via email: paul.tyrrell@inclusion-glos.org

Made by Inclusion Gloucestershire using Photosymbols and Venngage. Weblinks have been shortened to make the newsletter

easier to read. Find previous newsletters here:

<https://www.inclusiongloucestershire.co.uk/engagement/leder/>