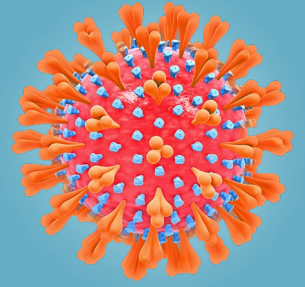


Coronavirus

Back in lockdown



Covid is spreading fast. We are back in lockdown and must all stay at home. Only go out for

- * Food shopping
- * Exercise and wellbeing
- * Health or care needs
- * Work if you need to

If you do go out be careful



Wear a face mask to help stop spreading coronavirus



Keep your distance from other people



Wash your hands to kill Covid germs



Get back home quickly



**If you feel unwell
Stay at home
Call 111 or your GP
If life is in danger call 999**