

Update on learning using a case study

LeDeR helps us learn about the lives and deaths of people with a Learning Disability or Autistic Adults. LeDeR wants to reduce the unfair differences in healthcare that can be prevented.

Ralf

Ralf liked steam trains and visits to the countryside. He had a great sense of humour, and his family were very important to him. Ralf had a Learning Disability, and he was autistic. Ralf used a communication book and was supported by Speech and Language Therapy. He had Cerebral Palsy and he was PEG (tube) fed, but enjoyed tasting some foods. Ralf was more likely to get chest infections because of his health conditions. He lived in a supported living setting and needed help from carers with lots of things. Ralf's family told the reviewer that he had led a long and happy life.

About his death

Ralf sadly died at Gloucester Hospital. An ambulance was called and the ambulance staff treated Ralf with oxygen for a chest infection. Ralf had a DNACPR, which means he did not want doctors to try and restart his heart if it stopped. At the hospital the hospital staff completed a ReSPECT form, and Ralf was put on end-of-life care. Ralf's family were with him when he died.

Learning

- Ralf's Speech and Language Therapist did not know about his chest infections. This meant there had been delays in looking at his eating and drinking. **People who are PEG fed, who are being given tasters and have regular chest infections, should be urgently seen by a Speech and Language Therapist.**
- When the Speech and Language Therapist visited, they could not find Ralf's communication book. **Communication books should always be with the person, so they can communicate.**

Good Practice

- Ralf's end of life wishes were written down and followed.
- The hospital staff communicated well with Ralf. They made reasonable adjustments for him.
- He had a specialist wheelchair and did not have any pressure sores.

We would like to thank the families who have kindly given us permission to share the stories of their loved ones to help improve services.

Resources and Action from Learning

From the case study of 'Ralf' above, the panel wanted to share information on training about when to refer for dysphagia assessment. Dysphagia is the medical word for when you have difficulties swallowing. The panel also wanted to tell care staff about some online Dysphagia training.

Access Dysphagia training via your [LearnPro account](#), telephone 01452 324306 or email: Proudtolearn@gloucestershire.gov.uk



Link to a list of Dysphagia Videos on YouTube: <https://bit.ly/3BzX7z4>

2021 - 2022 LeDeR Annual Report for Gloucestershire

We are pleased to say we have recently published our latest LeDeR Annual Report, which is also in an Easy Read format.

Both versions of the report can be downloaded from our LeDeR webpage:

<https://www.inclusiongloucestershire.co.uk/engagement/leder/>



LeDeR

Annual Report
April 2021 – March 2022

Learning from lives and deaths of people with a
learning disability and Autistic adults in
Gloucestershire

The report covers:

- An introduction to the LeDeR Programme and what it means
- Case studies
- Statistics
- Action from Learning Plan



Numbers to Date (September 2022)

91.5%



Complete

247 reviews
done since
2017

Out of a total of 270.

The name of the person above has been changed to protect their identity.

If you have any feedback on this newsletter, please contact Paul Tyrrell
via email: paul.tyrrell@inclusion-glos.org

For more information on LeDeR or to report a death to the programme please visit this website:
<https://www.leder.nhs.uk/>

To view the national LeDeR policy in full please follow this link: <https://www.england.nhs.uk/wp-content/uploads/2021/03/B0428-LeDeR-policy-2021.pdf>

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<https://www.inclusiongloucestershire.co.uk/engagement/leder/>

