## **Survey Questions**

- 1. Are you worried about accessing the health care you need? This might include your GP, hospital or treatment and therapy sessions?
- 2. Are you worried about accessing support and help for your mental health and well-being?
- 3. Are you worried about Long Covid? Long Covid is a name to describe symptoms that people may have a long time after they have had Covid.
- 4. If you need help from the social care team, are you worried about being able to have a social care assessment or a review of your support?
- 5. Are you worried about getting access to advocacy support if you feel you need it? Advocacy is speaking up for yourself or asking other people to speak up for you.
- 6. Are you worried about your finances? This might include the money you have coming in or bills you have to pay or debts you might have.
- 7. Are you worried about your housing? This might be worries now or for the future.
- 8. Are you worried about getting support to find and maintain paid work or unpaid voluntary roles?
- 9. Are you worried about getting support to find ways to learn new things? This may be a course at a college or joining a group to learn a new skill or hobby.
- 10. If you are at school or college now, are you worried about the support you are getting?
- 11. Are you worried about your access to leisure and social activities?
- 12. Are you worried about being able to have regular contact with friends, family and other people who are important to you?
- 13. If you are an unpaid or family carer, are you worried about the support you receive in this role? This might include breaks from your caring role.
- 14. If you are an unpaid carer, are you worried about being able to get a social care assessment or a review of your needs as a carer?

- 15. Are you worried about sharing concerns, complaints or compliments with any of the organisations who you are supported by?
- 16. Are you worried about the services you receive, being able to provide you with the support you need and recognising your individual cultural needs?
- 17. Are you worried that you have been discriminated against in the last year? Discrimination is if you are treated differently because of who you are. This may be because you are disabled or because of your sexuality or because of your culture or religion. It may also be because of your age or your gender or because you are pregnant. It may also be because you are married or in a civil partnership.
- 18. Are you worried about about getting accessible information to meet your needs? This could be information from any organisations or services that you use e.g. councils, GP's, banks, leisure centres, buses etc.
- 19. Are you worried about difficulties you may have in accessing services and facilities? This could be difficulties in getting into buildings, understanding the signs in buildings, lighting being too bright, no hearing loops etc. This could be any organisations or services that you use e.g. councils, GP's, banks, leisure centres, buses etc.
- 20. Are you worried about your access to technology? This may be equipment like laptops, tablets and smart phones or it may be technology to help you be more independent like heating controls that you can talk to.
- 21. Are you worried about how safe you feel when you are not in your home?
- 22. Are you worried about how much exercise you are taking? Exercise may be taking a walk or going to a class or sporting activity.
- 23. What is the one thing that is causing you most concern at this time? Please tell us more about this and share your ideas about how Inclusion Gloucestershire might be able to help with this.
- 24. If there is anything you would like to tell us about, please tell us here.
- 25. What is your gender identity?
  - Female

- Male
- Non-binary
- Prefer not to say
- Other:
- 26. Do you identify as trans/transgender?
  - Yes
  - No
  - Prefer not to say
  - Other:
- 27. What is your sexual orientation?
  - Heterosexual
  - Homosexual (Lesbian /Gay)
  - Bisexual
  - Prefer not to say
  - Other:
- 28. How old are you?
  - Under 18
  - 18-24
  - 25-34
  - 35-44
  - 45-54
  - 55-64
  - 65-74
  - Over 75
  - Prefer not to say
- 29. Is English your first language?
  - Yes
  - No
  - Prefer not to say
  - Other:
- 30. 30. Please tell us your ethnicity
  - Prefer not to say
  - Arab
  - Arab British
  - Asian or Asian British Indian
  - Asian or Asian British Pakistani
  - Asian or Asian British Bangladeshi
  - Asian or Asian British Chinese

- Asian or Asian British Any other Asian background
- Black or Black British Caribbean
- Black or Black British African
- Black or Black British -Any other Black background
- Mixed White and Black Caribbean
- Mixed White and Black African
- Mixed White and Asian
- Any other Mixed background
- White British
- White Irish
- Any other White background
- Other:
- 31. Please tell us if you have lived experience of any of these? If you have lived experience in more than one area, please list them all in the "other" section.
  - Anxiety disorder
  - ADHD
  - Autism
  - Family/unpaid carer
  - Learning Disability
  - Mental Health Condition
  - Neurological Condition
  - Physical Impairment
  - Sensory Impairment (sight or hearing loss)
  - Sensory processing disorder
  - Prefer not to say
  - Other:
- 32. Which area of Gloucestershire do you live in?
  - Cheltenham
  - Forest of Dean
  - Gloucester
  - Stroud
  - Tewkesbury
  - The Cotswolds
  - Prefer not to say
- 33. Are you a member of Inclusion Gloucestershire?
  - Yes
  - No

- Not sure
- 34. Have you been using any of Inclusion Gloucestershire's services in the last 6 months? This might be the Inclusion hubs, drama group, advocacy support, speak up groups or MHELO (Mental Health Experience Led Opportunities).
  - Yes
  - No
  - Not sure
- 35. Please tell us your full name (optional)
- 36. Please tell us your address (optional)
- 37. Please tell us your phone number (optional)
- 38. Please tell us your email address (optional)