

Gloucestershire Telephone Well Being Support

The [Alexandra Wellbeing House](#) will be temporarily closed until further notice for Guest stays. **We are still accepting referrals for when we re-open.** Although we are currently unable to provide in-person or face to face support we are offering a variety of telephone support from our wellbeing teams across our services. **Gloucestershire Telephone Wellbeing Support As an alternative, Alexandra Wellbeing House will be offering the following:**

- Telephone Wellbeing Support to all previous Guests during the Coronavirus (COVID-19) outbreak period across the UK.
- Accepting new referrals from NHS Teams and Third Sector Organisations for service users who would be interested in Telephone Wellbeing Support.

Telephone Wellbeing Support will provide:

- Weekly Telephone Call with the Gloucestershire Wellbeing Team.
- Safety and Support Planning via Five Ways to Wellbeing Model.

How do I Refer?

If you are interested in referring somebody on their behalf for either Alexandra Wellbeing House (2 Week Package) and/or Telephone Wellbeing Support please complete a referral, available [here](#), alongside an internal risk assessment from your organisation within the last month.

- The team will respond to you and the person being referred with 4 working days to provide an outcome on the referral made.
- **Assessments will no longer take place at the service but will take place via telephone.**
- **Referrers will no longer be required to attend/support assessments** with the person being referred. However, staff may contact the referrer following an assessment for additional information.
- An outcome of the assessment will be provided to both the person being referred and the referrer within 2 working days from the assessment taking place.

If you can think of anyone who would be interested in this service, the referral form can be found [here](#). If you would like further information, please contact alexwellbeing@sgmind.org.uk or Services Manager, Gloucestershire ieuanedwards@sgmind.org.uk

Swindon & Glos Mind

[Mental Health Support from Swindon & Gloucestershire Mind](#)

Swindon & Gloucestershire Mind provide mental health advice, support and services to empower anyone experiencing a mental health problem in our area.(14 kB)

[https://www.sgmind.org.uk/wp-content/uploads/2018/04/MIND_Swindon-Gloucestershire-
RGB.png](https://www.sgmind.org.uk/wp-content/uploads/2018/04/MIND_Swindon-Gloucestershire-
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Gloucestershire Health and Care NHS Foundation Trust

[Alexandra Wellbeing House > Gloucestershire Health and Care NHS Foundation Trust](#)(59 kB)