

Inclusion Hub





Women's Wellbeing Hub



Timetable

May 2026

Hub Timetable

Date	Time	Activity	Information
Wednesday 6th May	10:30 TO 12:30		Discussion about the upcoming trip. We also might have a speaker.
Wednesday 13th May	10:30 TO 12:30		Hub is closed today.
Wednesday 20th May	10:30 TO 12:30		A creative decoupage session where you can transform objects using beautiful paper and designs. Learn how to release negative emotions using tools & techniques.
Wednesday 27th May	10:30 TO 12:30		Hub is closed today.

How to get involved

- Our hubs are free to join.
- There's no need to book, just turn up and join in.
- If you would like more information, contact us.

Where we are

Room 2
Friendship Café
Barton Street
Gloucester
GL4 6PR

Contact us

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