

Inclusion Hub



Women's Wellbeing Hub



Timetable

January 2026

Hub Timetable

Date	Time	Activity	Information
Wednesday 7th January Room 2	<div>10:30</div> <div>TO</div> <div>12:30</div>		To welcome you to our first session of the New Year, we will deliver an arts / craft session
Wednesday 14th January Room 2	<div>10:30</div> <div>TO</div> <div>12:30</div>		Kate from Inclusion Gloucestershire will introduce some activities to build confidence
Wednesday 21st January Room 2	<div>10:30</div> <div>TO</div> <div>12:30</div>		Fun and some games for everyone whilst we update our membership forms.

<p>Wednesday</p> <p>28th</p> <p>January</p> <p>Room 2</p>	<p>10:30</p> <p>TO</p> <p>12:30</p>		<p>Poetry workshop.</p> <p>Halima Malik is</p> <p>returning to help us</p> <p>create some new</p> <p>poems.</p>
---	---	--	--

How to get involved

- Our hubs are free to join.
- There's no need to book, just turn up and join in.
- If you would like more information, contact us.

Where we are

Room 2
Friendship Café
Barton Street
Gloucester
GL4 6PR

Contact us

Zareen Ahmed
Hub Coordinator
Zareena@inclusion-glos.org
07525848499
01452 234003