

Wearing an oxygen mask

Information for patients



Easy Read

easy read



This booklet uses easy words and pictures.

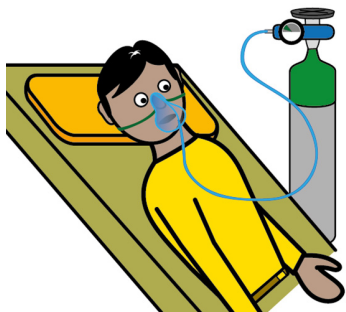
You might want to ask someone to help you read it.

hospital



Medical staff might want you to wear an oxygen mask.

oxygen



This might be because your body needs more oxygen.

healthy heart



Oxygen keeps our hearts healthy.



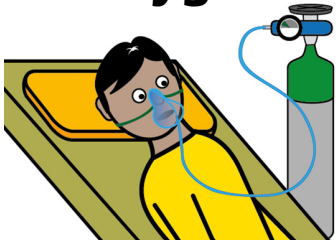
You might need oxygen if you are poorly.

feeling better



Oxygen will help you to feel better and breathe easier.

oxygen



You can breathe normally with the mask on.

loud, noisy



Air will come through the mask and you breathe it in.

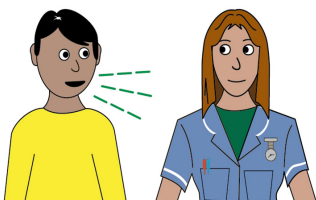
It might be a bit noisy.

nurse



You must listen to staff and wear the mask when they say to.

talk to your nurse



Talk to your nurse if you are worried about your oxygen mask.



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