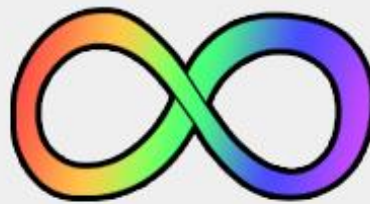




Your Health  
Your Voice  
Your Life



Tell us what you think

Your Health  
Your Voice  
Your Life



# INCLUSION GLOUCESTERSHIRE

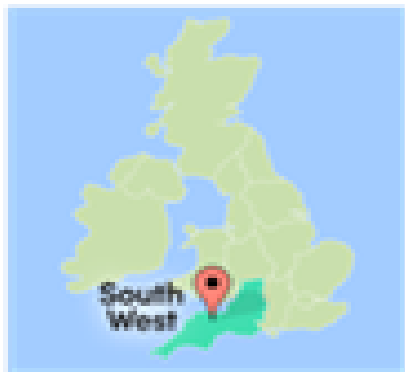
bigger dreams • better lives • brighter futures

We are Inclusion Gloucestershire.  
We are a User Led Organisation.



That means we are run by people  
with disabilities for people with  
disabilities, autism or mental health  
needs.

The NHS have asked us to talk to  
people in the South West.



The South West means:  
Gloucestershire, South  
Gloucestershire, Bristol, BaNES,  
Somerset, Dorset, Wiltshire, Devon  
and Cornwall.



We are Rosie and Sammy. We are  
working on this project for Inclusion  
Gloucestershire



We know that people with Learning Disabilities and Autistic people:

- Don't always get the right help with health.
- Might think that people like doctors don't understand or communicate with them well.
- Might die sooner than other people.



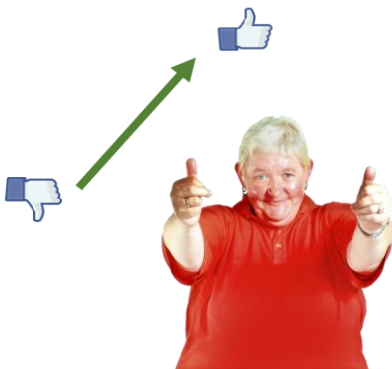
We don't think that is right.



We want to listen to people with disabilities and autism (or families and supporters).

We also want to hear from people who don't always feel understood or listened to.

We want to know what the NHS can do to make things better.



We have made these questions, so we can all make things better for everybody – including you!



We think it's better when experts by experience talk together about what matters to them.

This makes us all stronger.

Let's make sure the NHS hear what you have to say.



As well as health, we are asking some questions about user led organisations.

We want to know about the groups that can already have a say and we want to know what help they get, if any.

**Tell us what you think**



1. Do you think the idea is a good one?

Yes

No

Not sure



Please help us to make things better by answering the questions.

The next page talks about how to answer the questions.





**Questions**

1. What do you think about it?

Good

Bad

Not sure

You don't have to answer questions if you don't want to.

You can tick more than one answer if you want to.

It's ok to say 'I don't know'.



It's ok if you want someone to help you answer questions. It's ok to answer them by yourself.



If you want speak to us, we can talk by telephone, email or video chat. Please just ask! We are friendly and here to help.



Yourhealth@inclusion-glos.org  
07525 848514  
01452 234003



Are you part of a user led group or organisation?



Yes

It is called \_\_\_\_\_

Is it local or national? \_\_\_\_\_



No



No but I would like to be



I don't know what a user led organisation is



I used to be

Please write why you aren't now:



What would make you want to be part of a user led group?

*Please skip this question if you are a member of a user led group*



I need help finding or joining one



Knowing I have enough money to join in



I want to know I would be listened to



Knowing it will make things better for me



Making life better for other people like me



I want to have fun there



Being with a group of people like me



I want to go to meetings that are near me



I want to be able to join in without being there (e.g. through videos, phone, internet, questionnaires etc)



I don't know

This would help (*please write what*)



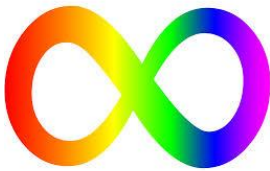
Do you want to be part of a local user led health group that is **only** for people with learning disabilities?





Yes

No



Do you want to be part of a local user led health group that is **only** for autistic people?





Yes

No



Do you want to be part of a local user led health group that is **for everyone** with learning disabilities and autism?





Yes

No



I don't want to be part of a health group.





Why do you want to be part of a health group?



I think I would enjoy it



I have things I want to say



I have things I want to learn



My experience of healthcare wasn't good



My experience of healthcare has been great



I want people like me to be listened to



This is why I want to be in a health group:



What do you want people in charge of health (the NHS) to know about helping people be healthy and well?



What health issues are important to you?

*This might be things that would help you at the doctors or hospital, it might be about a specific condition, easy read information, annual health checks, health passports etc*



The next 3 questions are only for people who are already <sup>10</sup> part of a user led group.

If you don't need to answer these questions, go to page 13



Where does your user led organisation get its funding from?



It gets government funding – from local council or the NHS.



It gets charity funding



It gets money another way



I don't know where the money comes from



What would help your User Led group grow or get stronger?



More money



More staff



More support to self organise



More people in the group (these might be called members)



Joining up with other groups



I don't know



Please tell us anything else that would help your User Led group grow or get stronger?





# These questions are for everyone!



What else would help you join a user led organisation?



What else would help you speak up about health?





What help do you need to talk about health?



Is there anything else you want to tell us?





I live in



My Ethnicity is:  
(It's ok to say I don't know)



I am



Male

Female

Other



I am a person with



Learning disabilities

Autism

Both



I am a family member  
or advocate for  
someone who would  
not be able to take part  
in this project.



Family member

Advocate

Support staff



My Age is



# Thank You



Thank you for answering these questions.

We hope it will help make the NHS better for people with Learning Disabilities and/or Autism.

We would like to contact you about this project. Please tell us how we can contact you.



You can contact me about this Project

My name is \_\_\_\_\_




Yes




No



You can contact me by Email

My email address is \_\_\_\_\_




Yes




No



You can contact me by phone

My phone number is

---



Yes

No



You can contact me by post

My address is

---

---

---



Yes

No

**We promise that:**

We will keep your information safe and secure

We will never sell your information

We will never share your information with any other organisation unless either you tell us that we can for us to do so or we are required to by law.



# Please return this questionnaire



Your Health Your Voice Your Life  
Inclusion Gloucestershire  
2 St. Michaels Court,  
St. Michaels Square,  
Gloucester,  
GL1 1JB



**07525 848514**

**01452 234003**



Yourhealth@inclusion-glos.org



You can talk to Sammy and Rosie about this questionnaire or  
Your Health, Your Voice, Your Life

